



# DRUG-RESISTANT NEISSERIA GONORRHOEAE

Evolution of gonococcal  
AMR over 75 years suggests  
novel ways to prevent the  
further emergence of AMR

THREAT LEVEL

**URGENT**

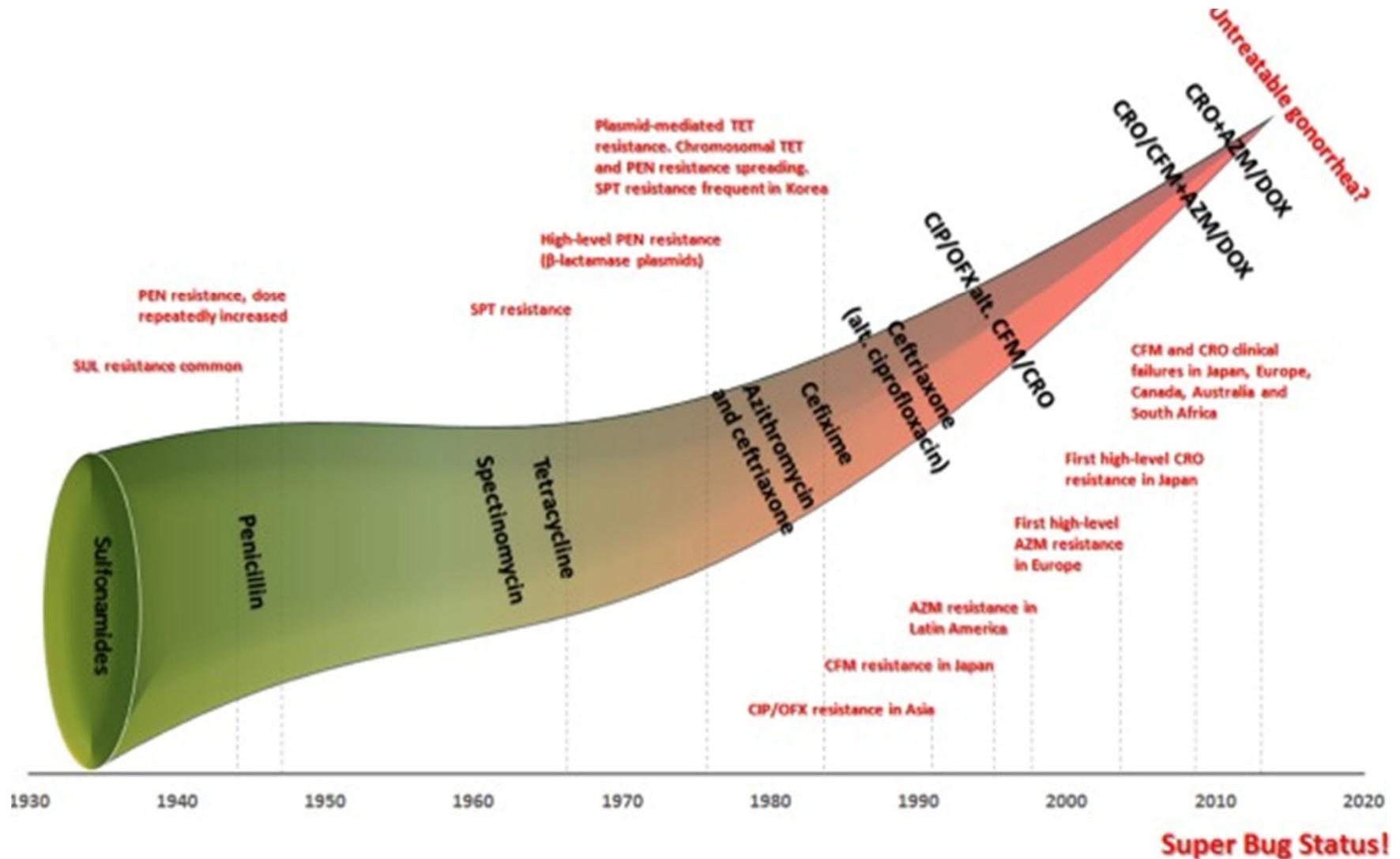


This bacteria is an immediate public health threat  
that requires urgent and aggressive action.

*Chris Kenyon*

Institute of Tropical Medicine

# The 'unstoppable' emergence of AMR



# Dealing with the threat of XDR Ng

Lancet ID Commission

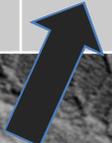
## Way forward?

- Improved dual therapy
- Repurposing old ABs
- New ABs
- Vaccine

## Sexually transmitted infections: challenges ahead

*Magnus Unemo\*, Catriona S Bradshaw\*, Jane S Hocking, Henry J C de Vries, Suzanna C Francis, David Mabey, Jeanne M Marrazzo, Gerard J B Sonder, Jane R Schwabke, Elske Hoornenborg, Rosanna W Peeling, Susan S Philip, Nicola Low†, Christopher K Fairley†*

	Northern Territories (Australia) 2015*	Japan 2015*
Azithromycin	0% ( $\geq 1\text{mg/L}$ )	53% ( $\geq 0.5\text{mg/L}$ )
Ciprofloxacin ( $\geq 1\text{mg/L}$ )	2%	90%
Ceftriaxone ( $\geq 0.25\text{mg/L}$ )	0%	14%
Penicillin ( $\geq 1\text{mg/L}$ )	2%	?
	Whiley EID 2017	Yasuda STD 2017



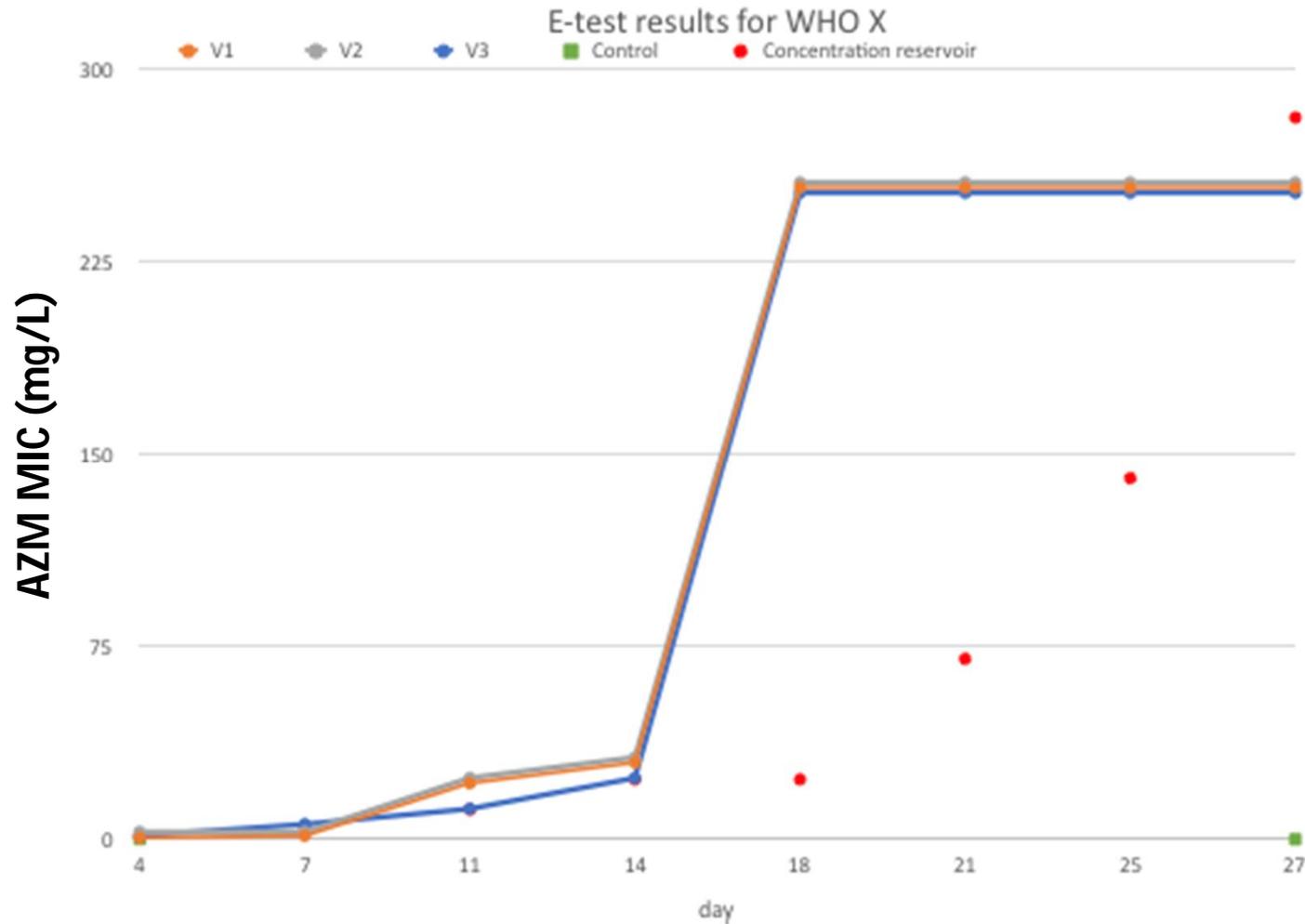
Why not me?

Why me?

\* Agar dilution, same breakpoints excl AZM as shown

# AB exposure -> AMR

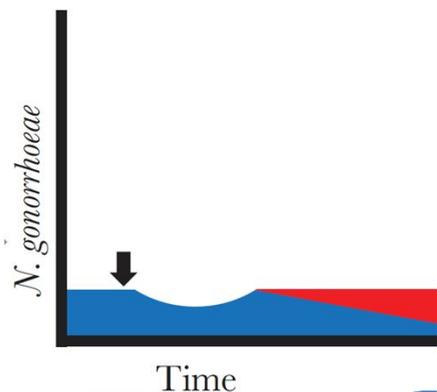
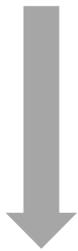
e.g. from NG-morbidostat



# 3 different types of AB exposure -> AMR

1. Direct selection

Penicillin used to  
treat Ng



2. Indirect bystander  
selection

3. Direct bystander  
selection

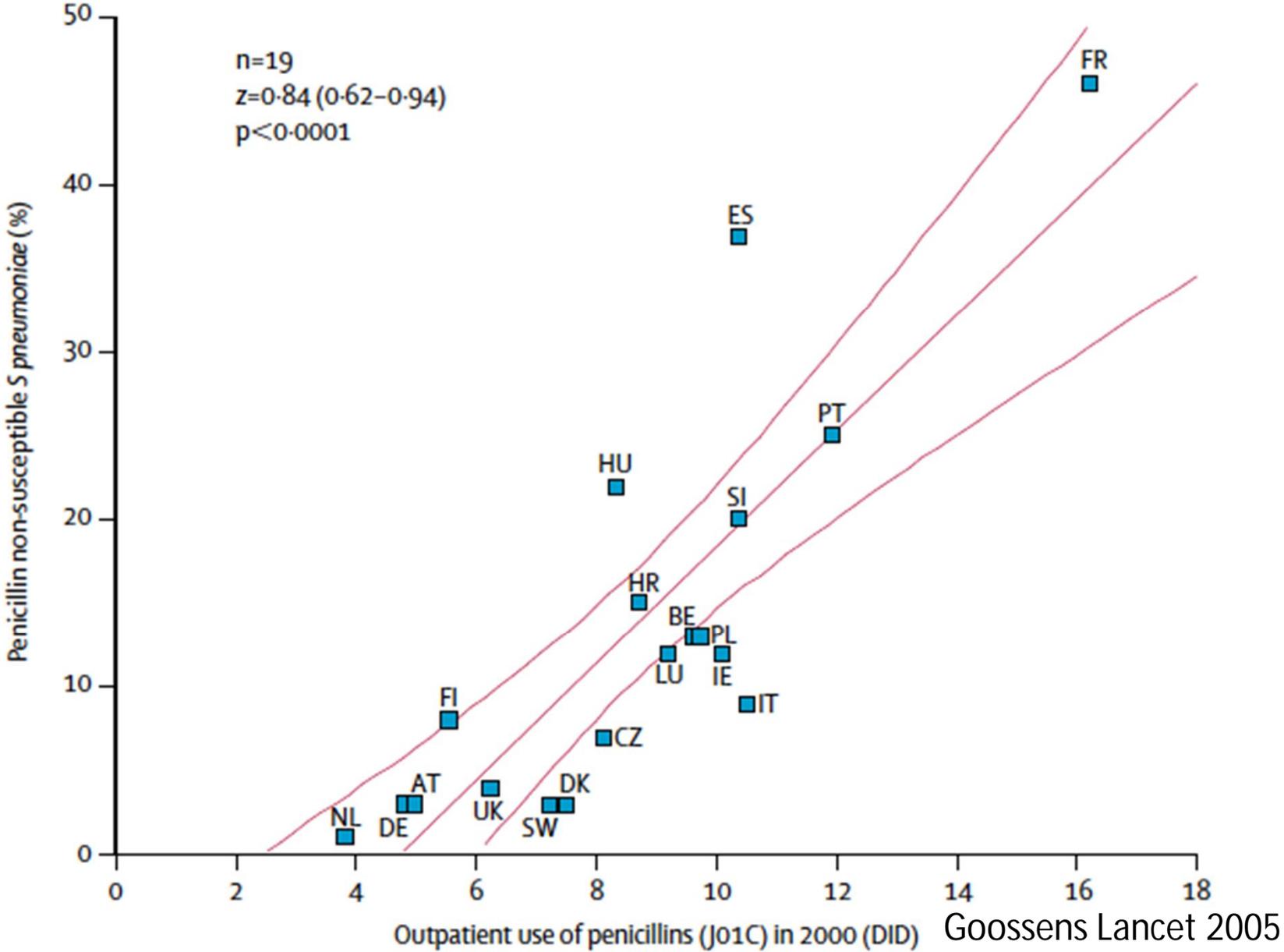
## Bystander selection for Ng in 2010 in USA:

- Quinolones - 98%
- Cephalosporins - 15%

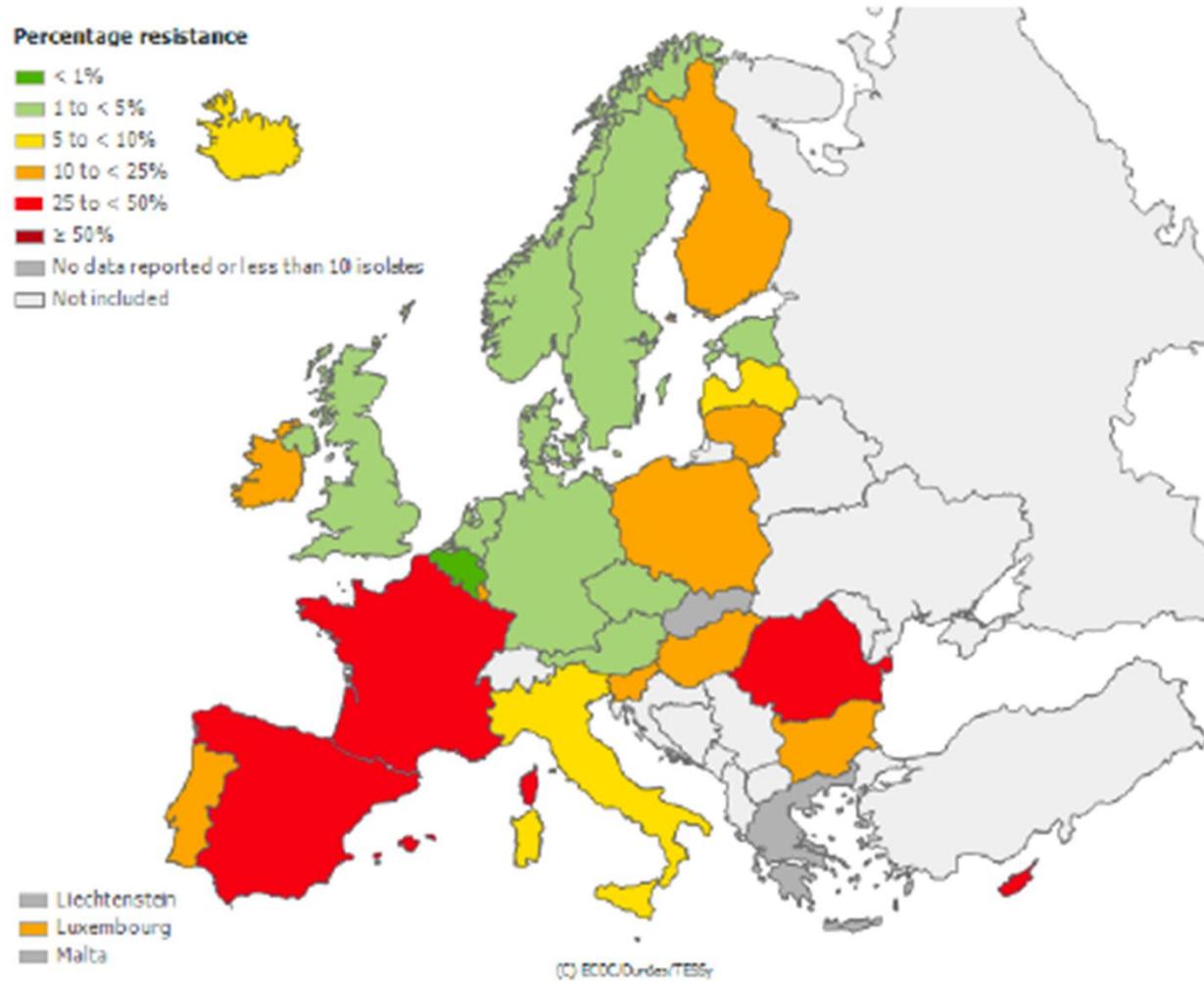
Tedijanto PNAS 2018

**EVIDENCE FOR BYSTANDER SELECTION  
IN NG AT POPULATION LEVEL?**

# Pneumococcus



# *S. Pneumoniae* penicillin R BSI, 2010



# MRSA BSI 2010



Is total population AB exposure a risk factor for AMR in STIs too?

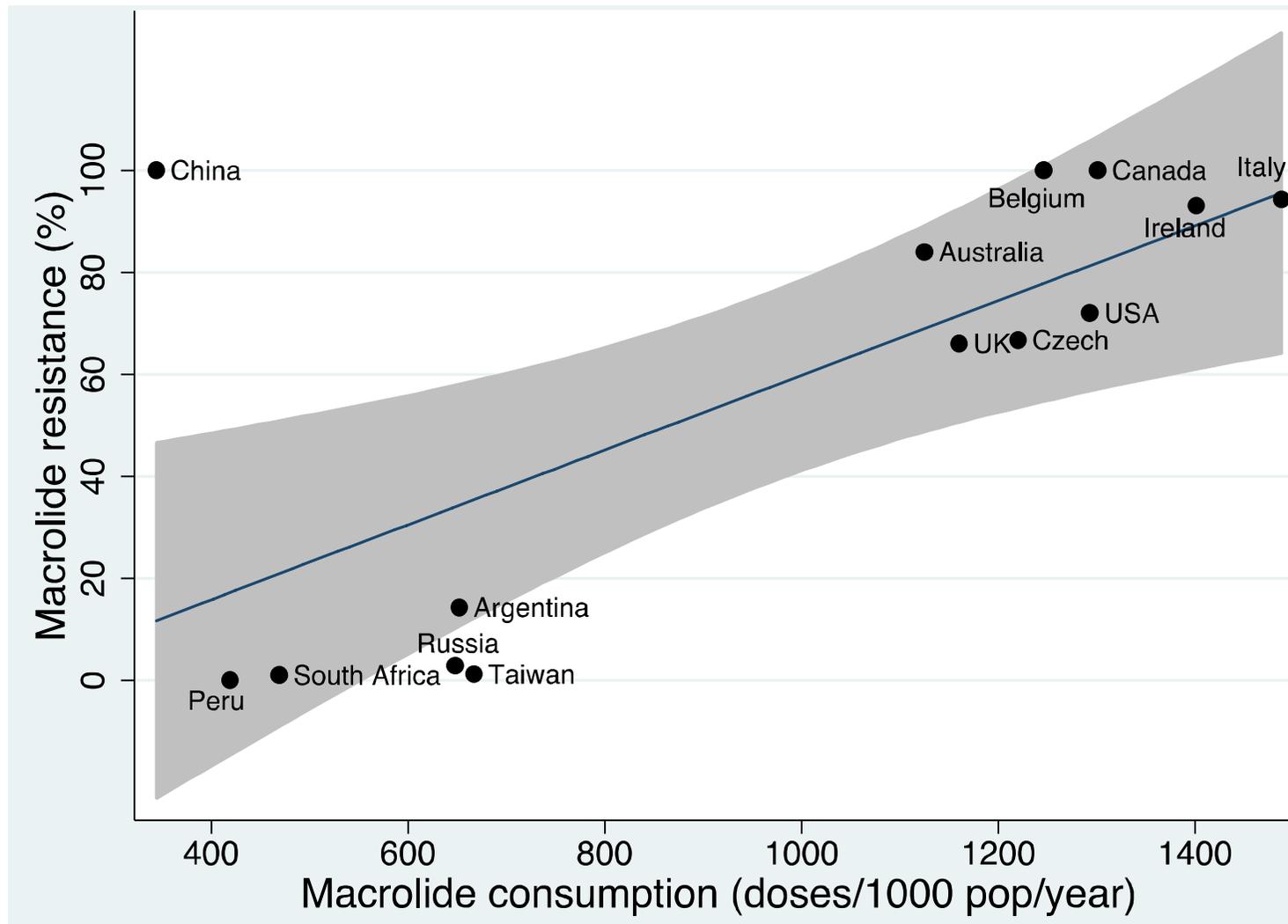


(C) ECDC/Duncker/TESSy

ECDC

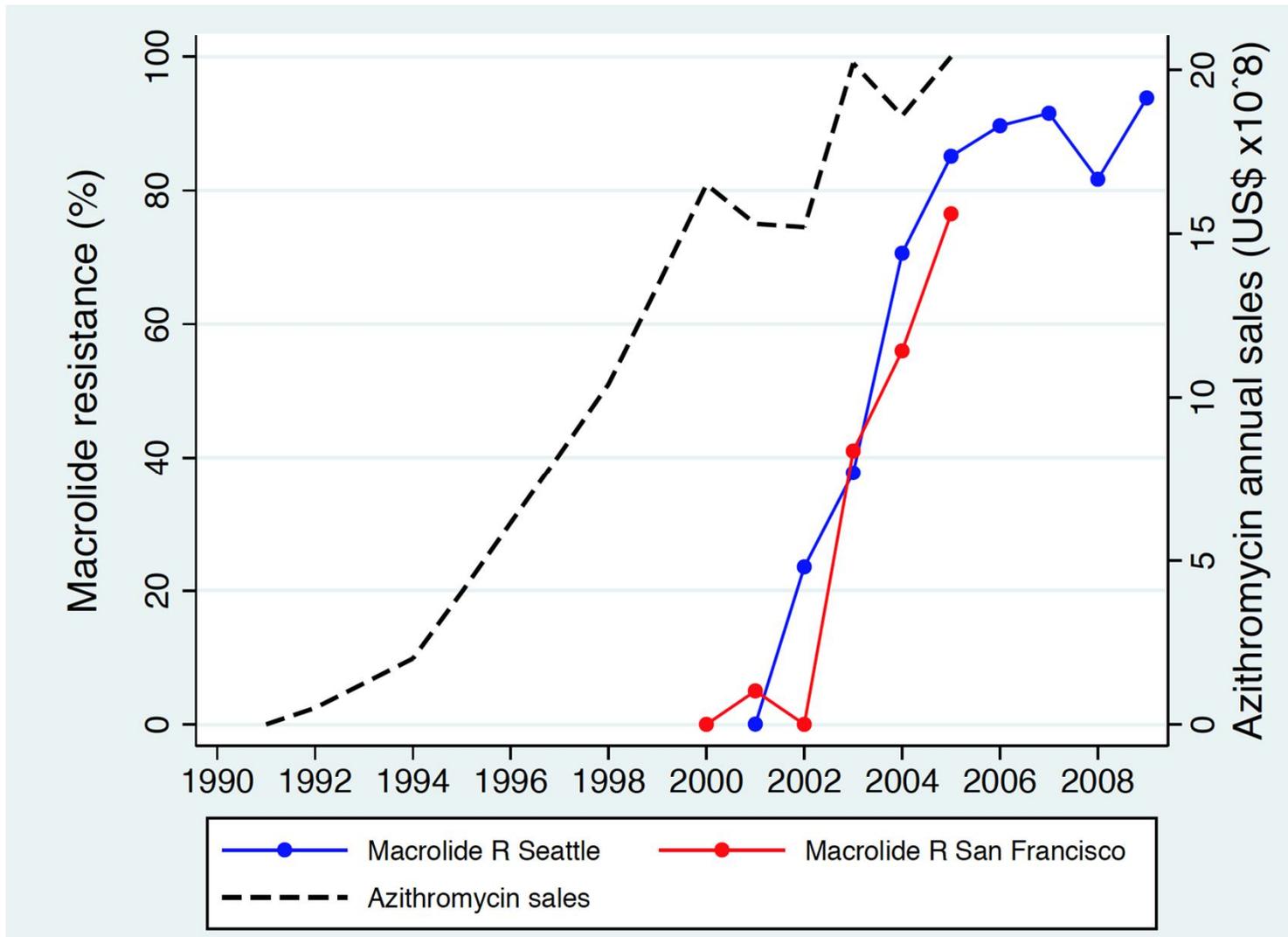
*Treponema pallidum*:

# Macrolide AMR vs. consumption



coeff. 0.7, P = 0.009

# Treponema pallidum: Macrolide AMR vs. consumption

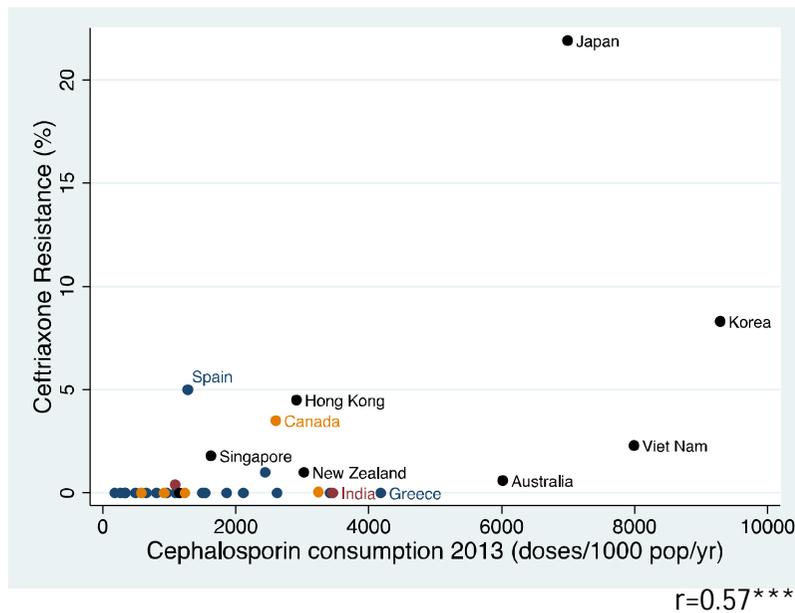


# AB consumption vs Ng AMR

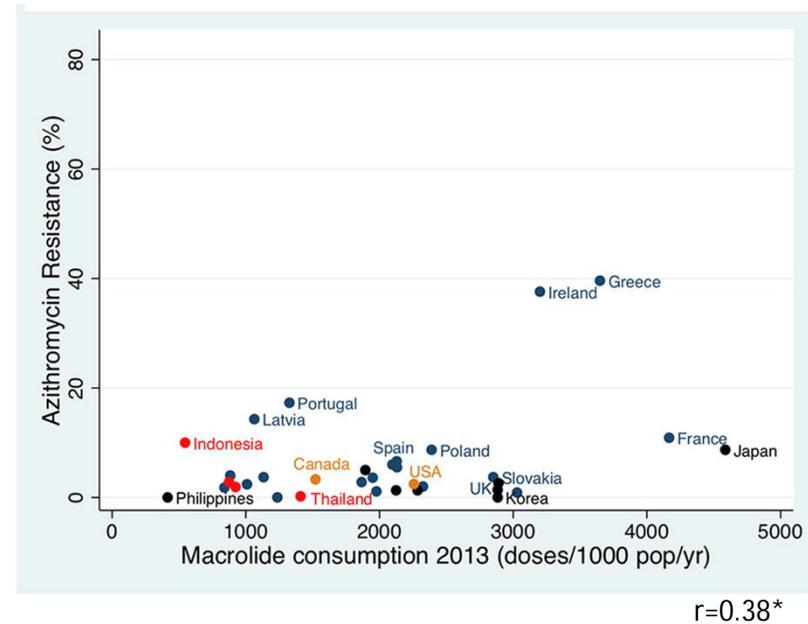
Global study

- AMR data: WHO GASP 2009-2014
- AB consumption data: CDDEP/IMS (doses 1000 pop/yr)

## Cephalosporin



## Macrolide



# Consumption vs. Ng AMR in Europe

(2009-2016)

## Consumption

	Maximum (country)	Minimum (country)	Fold difference
Cephalosporins	3376 (EL)	76 (NL)	44
Fluoroquinolones	1501 (IT)	266 (UK)	6
Macrolides	3300 (Greece)	296 (Sweden)	11

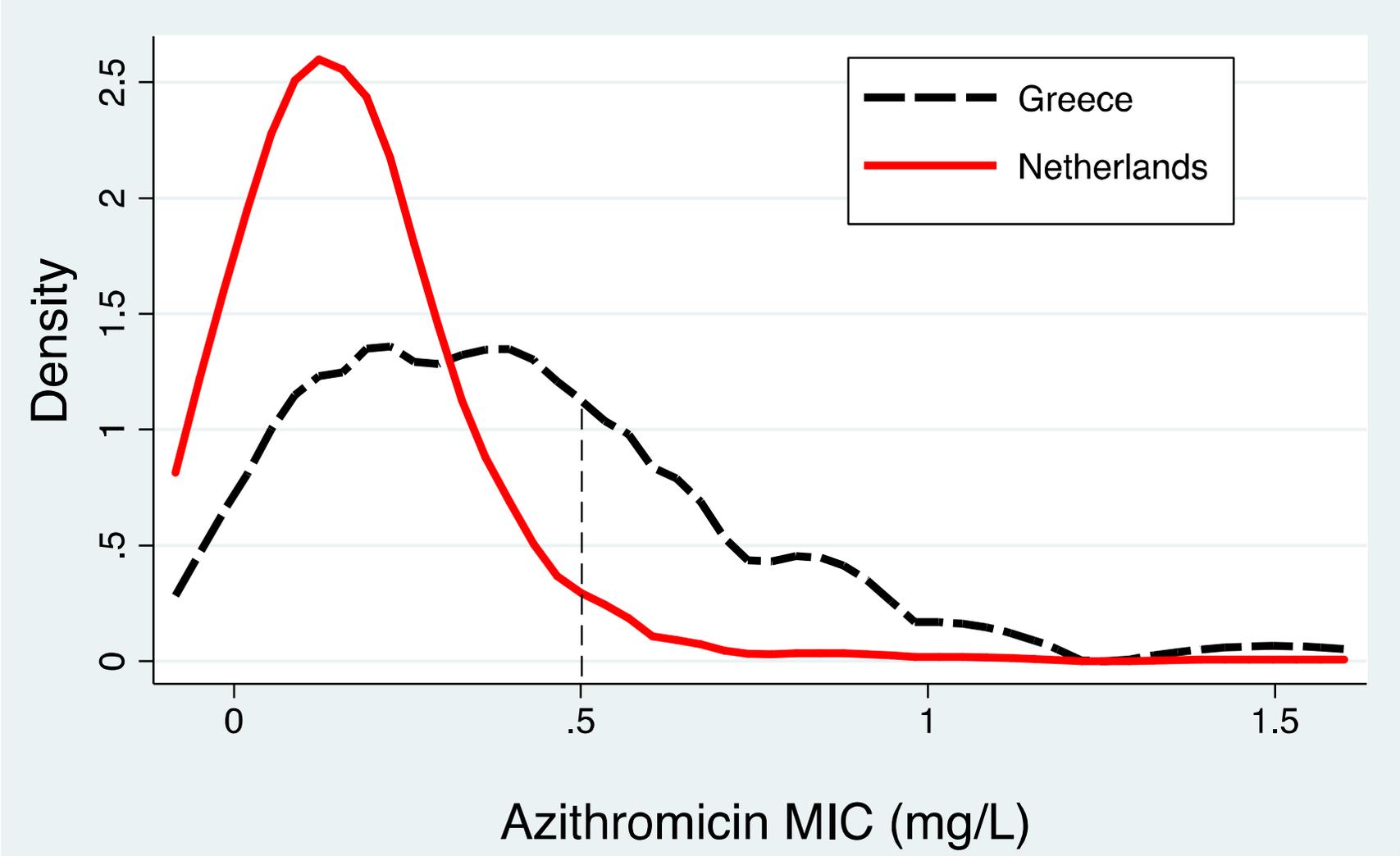
## AMR

	% AMR Maximum	% AMR Minimum	Fold difference
Cefixime	12.7 (DK)	0 (EE)	>12
Ceftriaxone	5.0 (ES)	0	>5
Ciprofloxacin	70.0 (LU)	20.7 (EE)	3.4
Azithromycin	13.5 (EL)	0	>13

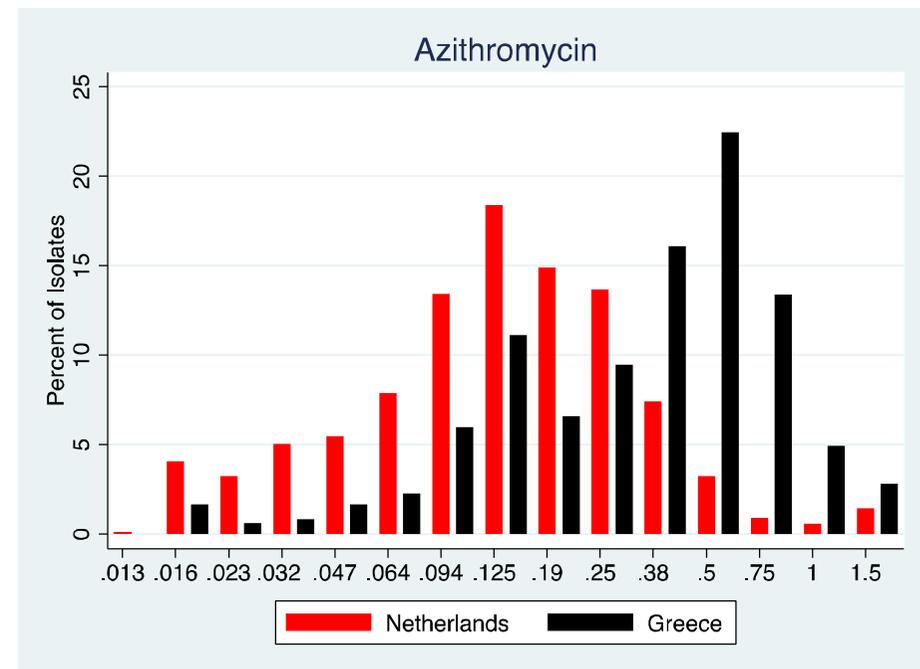
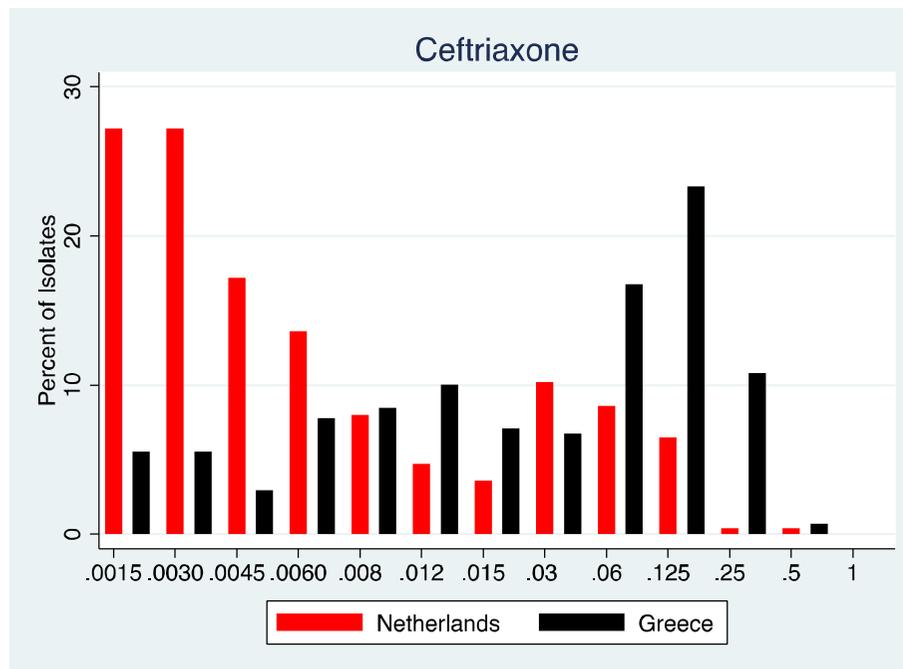
## Mixed effects linear regression analyses of relationship between AB consumption and AMR

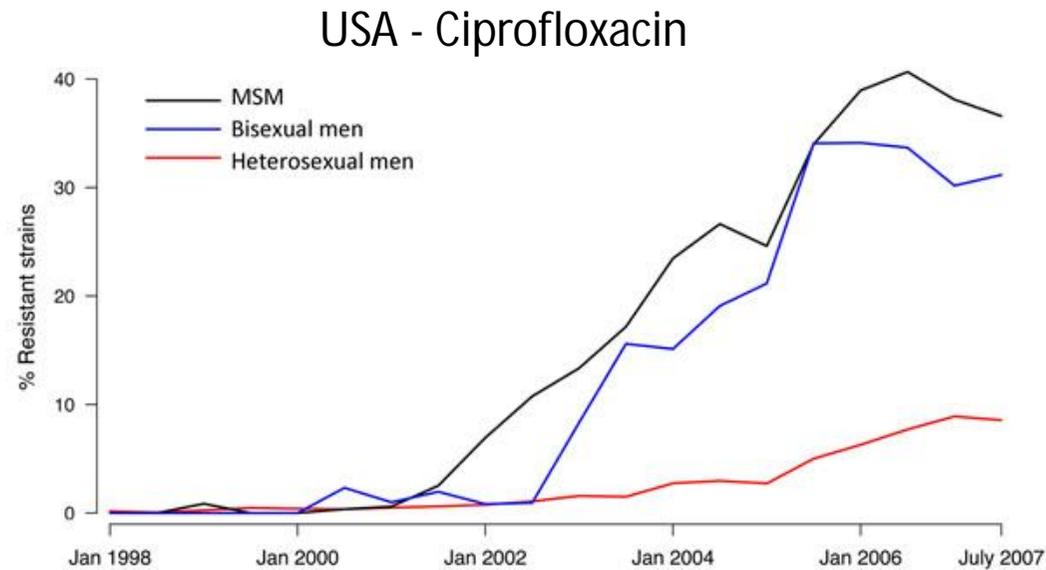
Exposure var	Outcome var	Antimicrobial resistance		Geometric mean MIC	
		Coef.	P-value	Coef.	P-value
Cephalosporin	Ceftriaxone	0.2	0.073	0.003	0.003
Cephalosporin	Cefixime	1.6	0.062	0.004	0.017
Macrolide	Azithromycin	3.0	0.086	0.01	0.497
Quinolone	Ciprofloxacin	16.8	0.006	0.49	0.063

# AB consumption predicts geometric mean MIC for susceptible isolates



# High consumption -> right shifted MIC



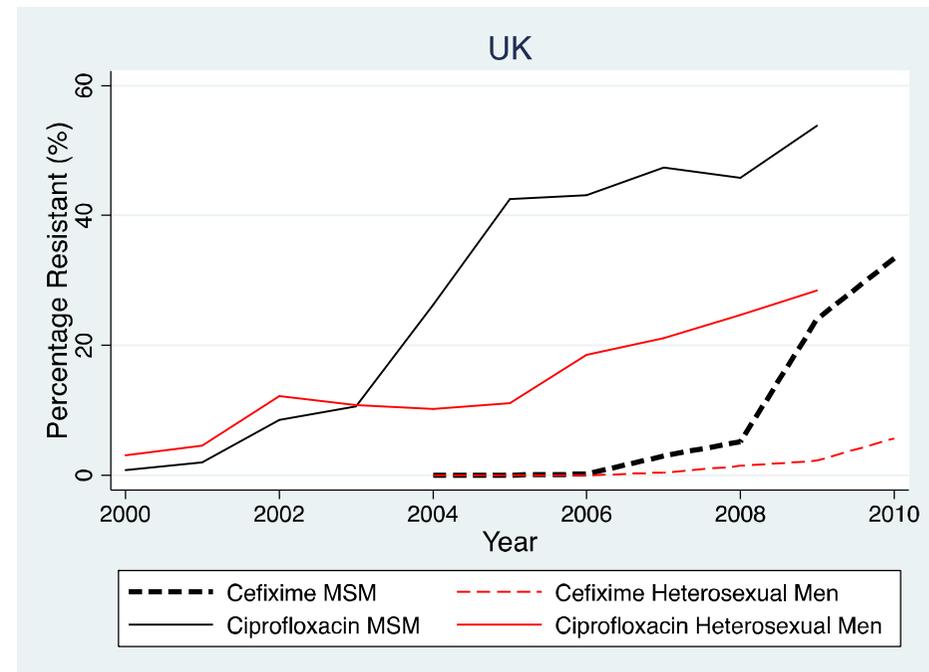
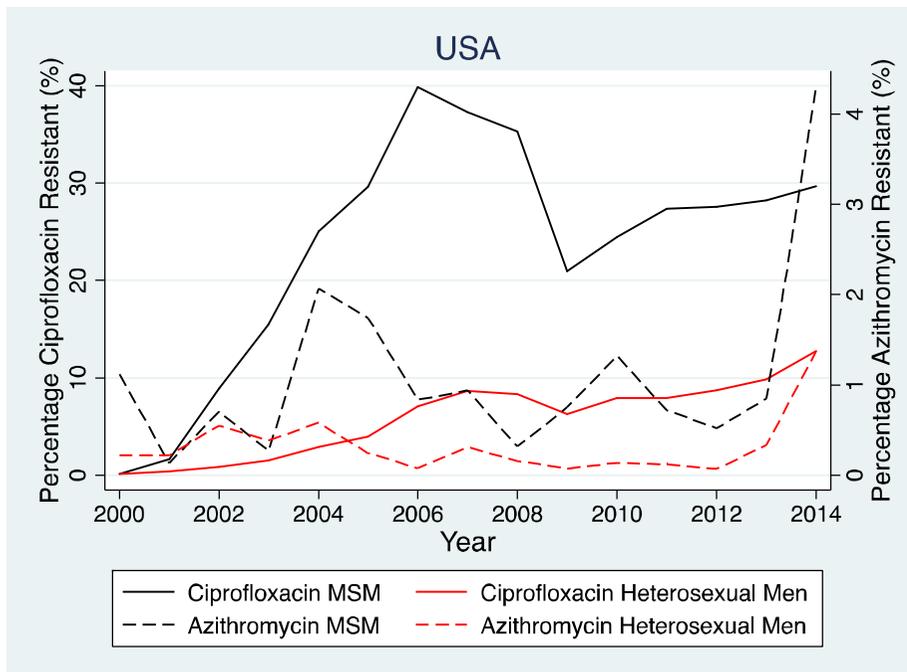


Part 2

# THE ROLE OF AB CONSUMPTION IN CORE GROUPS IN AMR

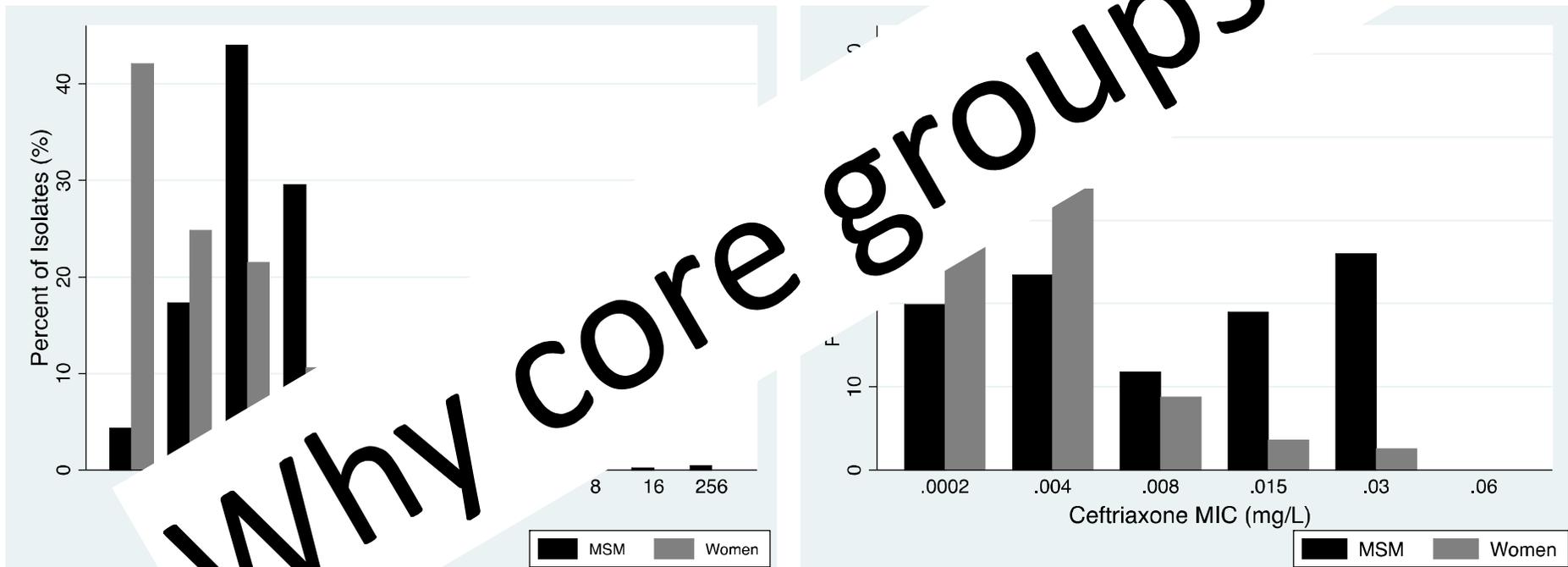
# The role of core groups in the emergence and dissemination of antimicrobial-resistant *N gonorrhoeae*

D A Lewis<sup>1,2,3</sup>

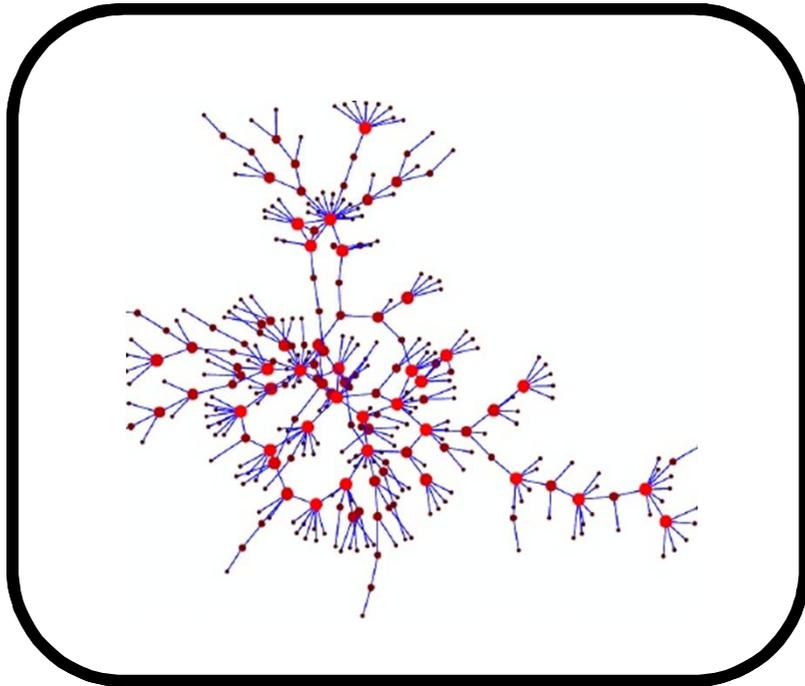


# MSM Ng MICs right shifted

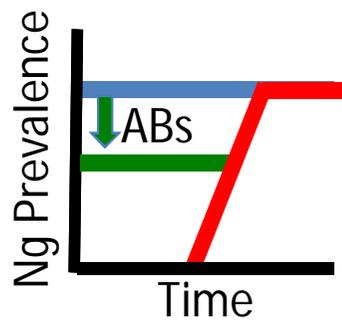
2014

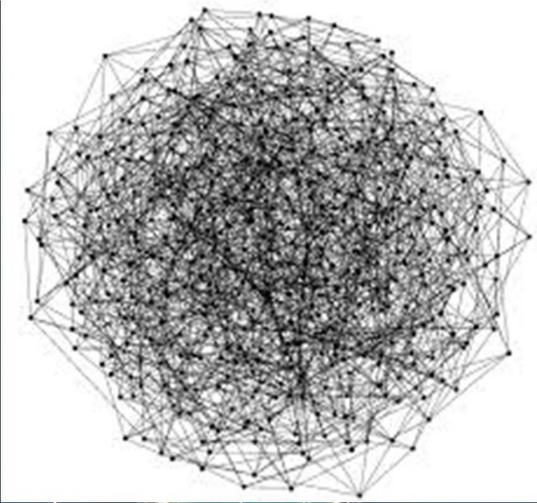


# Pharmacoecologic theory of Ng AMR



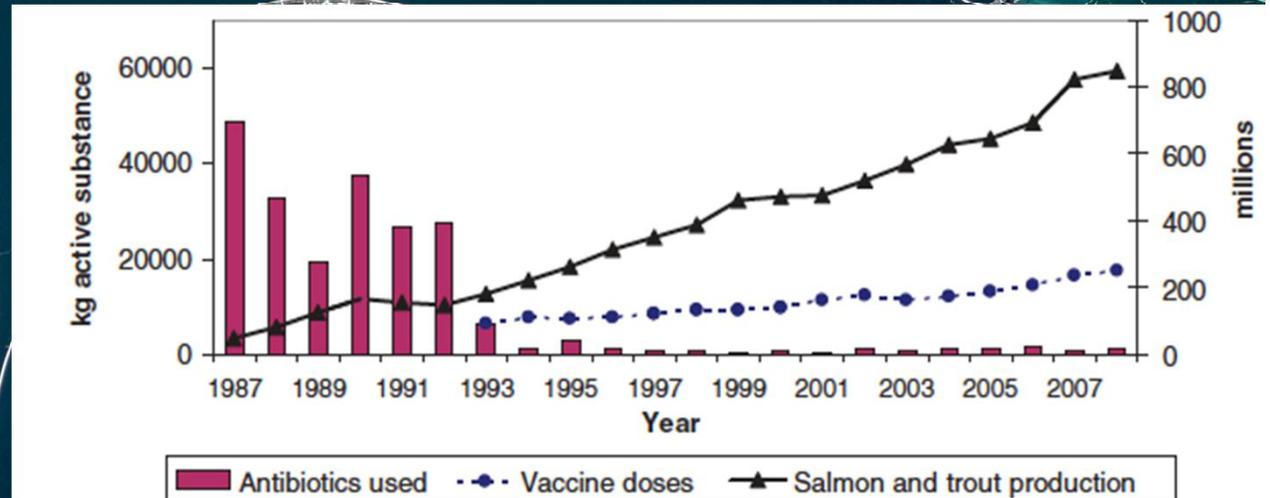
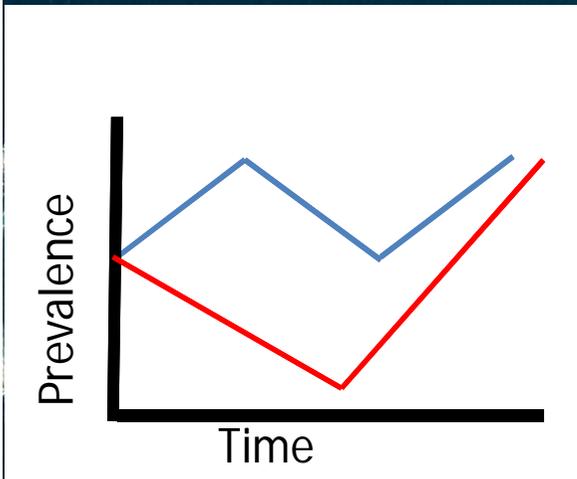
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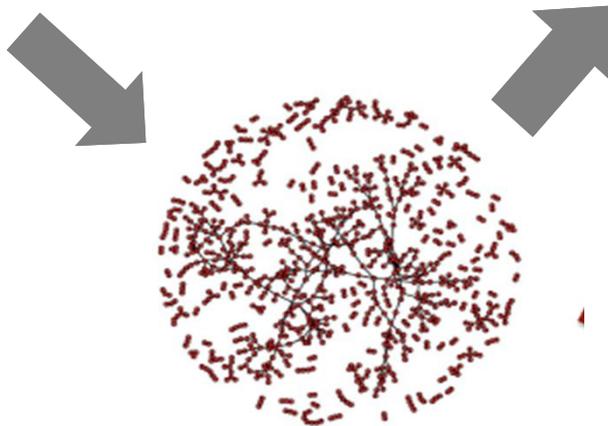
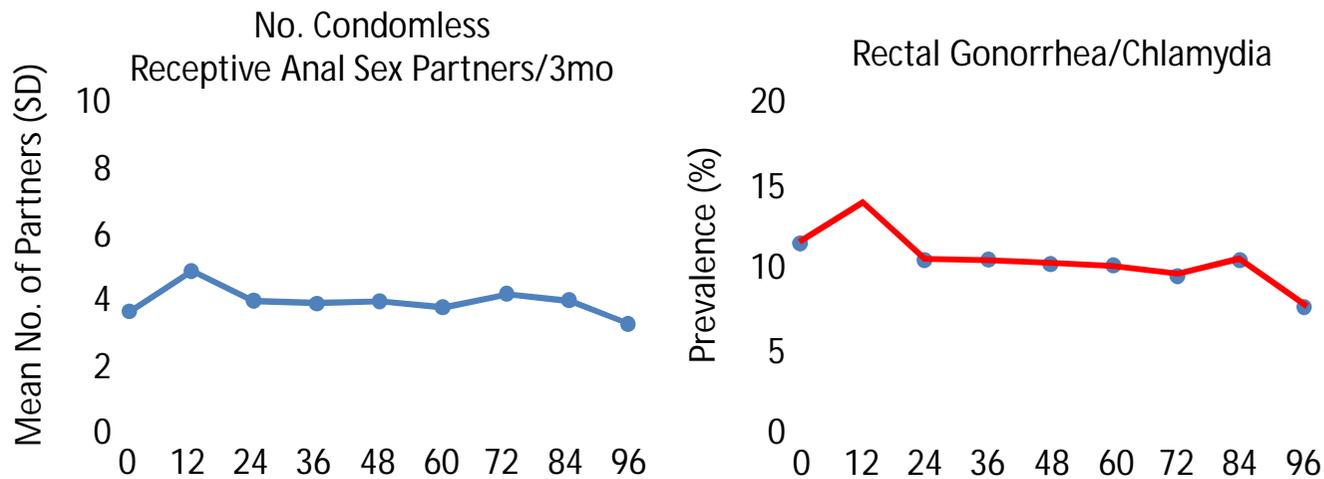
200 000 salmon/tank

ISA virus  
Furunculosis  
(*Aeromonas salmonicida*)  
Piscirickettsiosis



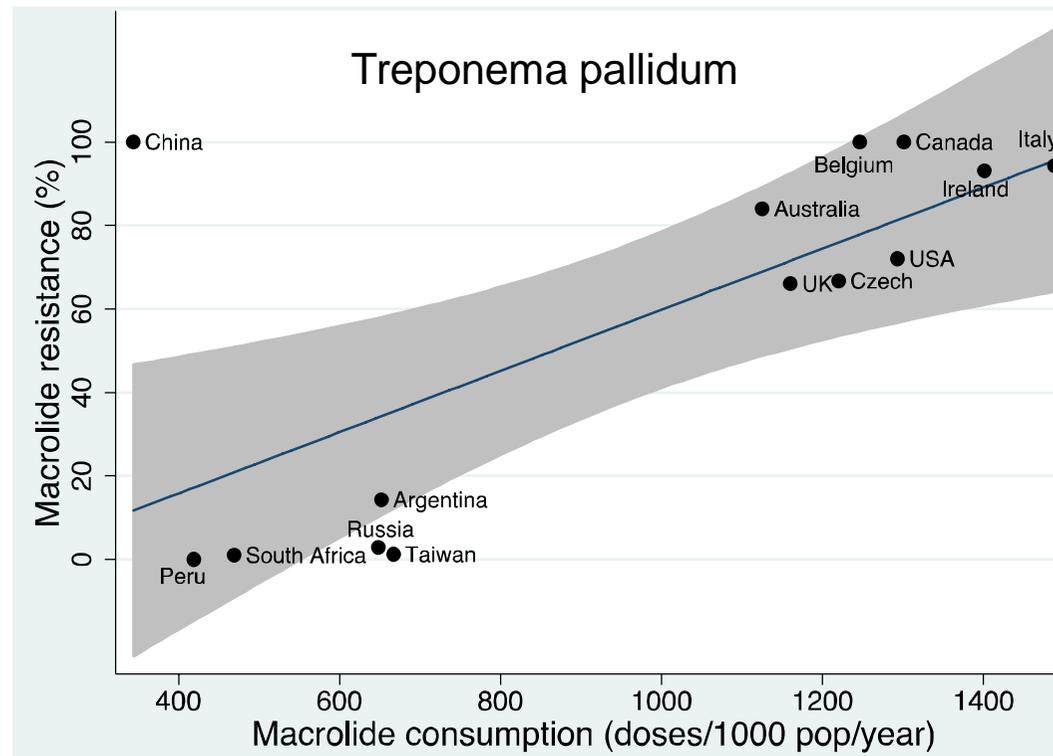
# PrEP cohorts: Network connectivity -> high equilibrium prev. NG

e.g. DISCOVER PrEP RCT



# 3mo 3 site Ng/Ct screening in PrEP cohorts -> ++ AB consumption

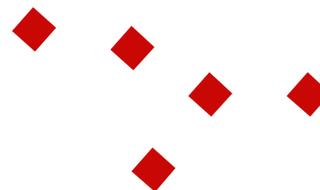
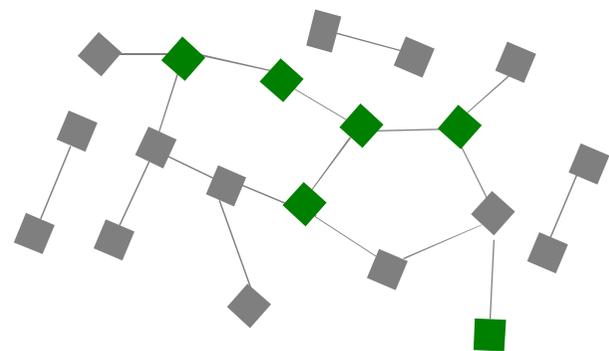
- Macrolides: 4400 dose/ 1000 pop/yr (11-fold higher than NL)
- Cephalosporins: 256 dose/ 1000 pop/yr (3-fold higher NL)



**Network connectivity**

+

**Intensive screening**



# High MICs in commensal *Neisseriae* in Belgian MSM

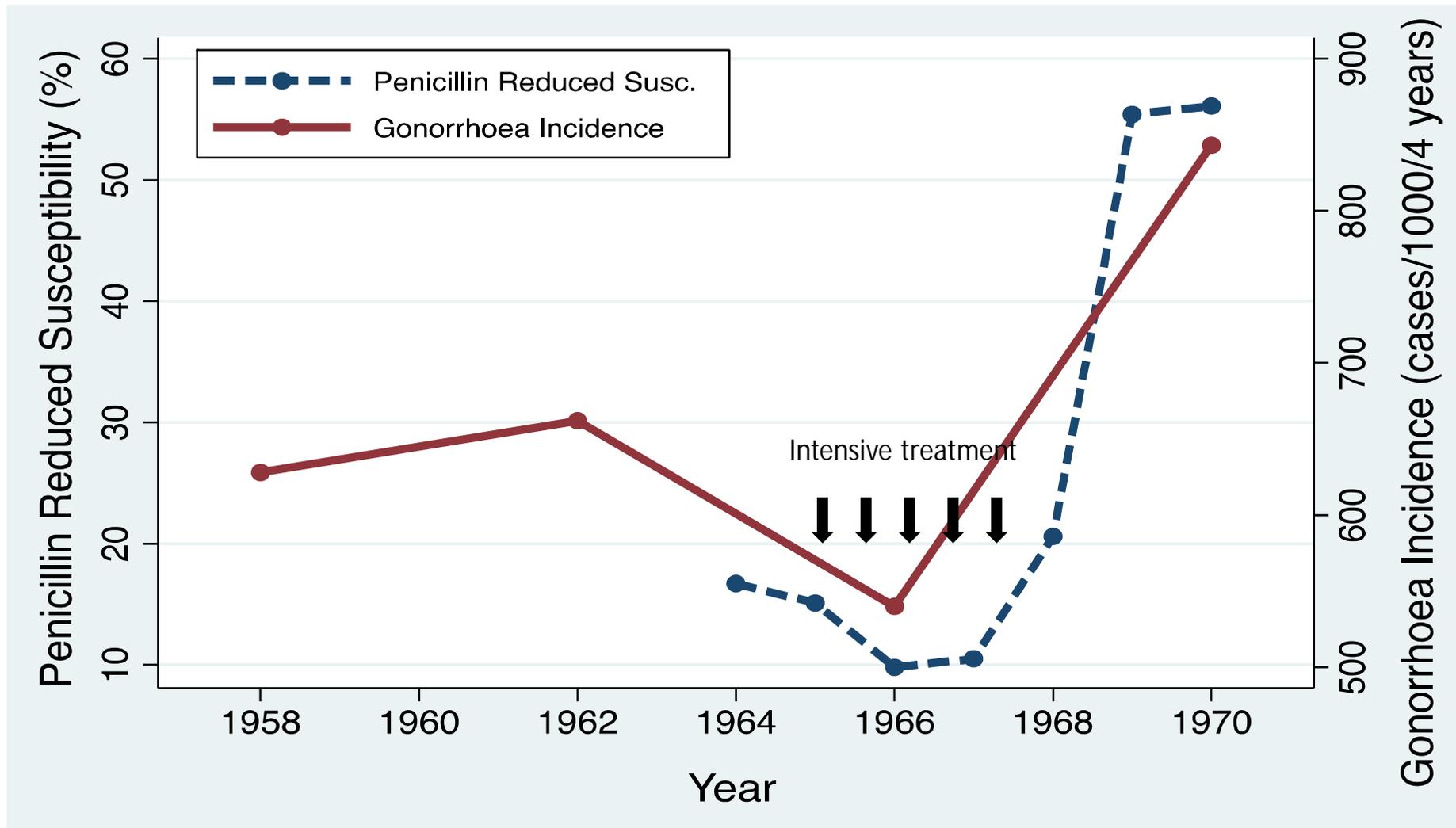
<i>Neisseria subflava</i>	Belgium 2019 - Median MIC (Range) n=11 mg/L	Japan 2005 - Median MIC (Range) n=45 mg/L	ITM Collection (1983-2013) n=6 mg/L
Azithromycin	256 (0.047- >256)	-	1 (0.5-4)
Ceftriaxone	0.38 (0.023-2.0)	0.03 (0.001-0.12)	0.03 (0.015-0.06)
Method	E-test	Agar dilution	E-test
Reference	Unpublished	Furuya JIC 2017	Unpublished

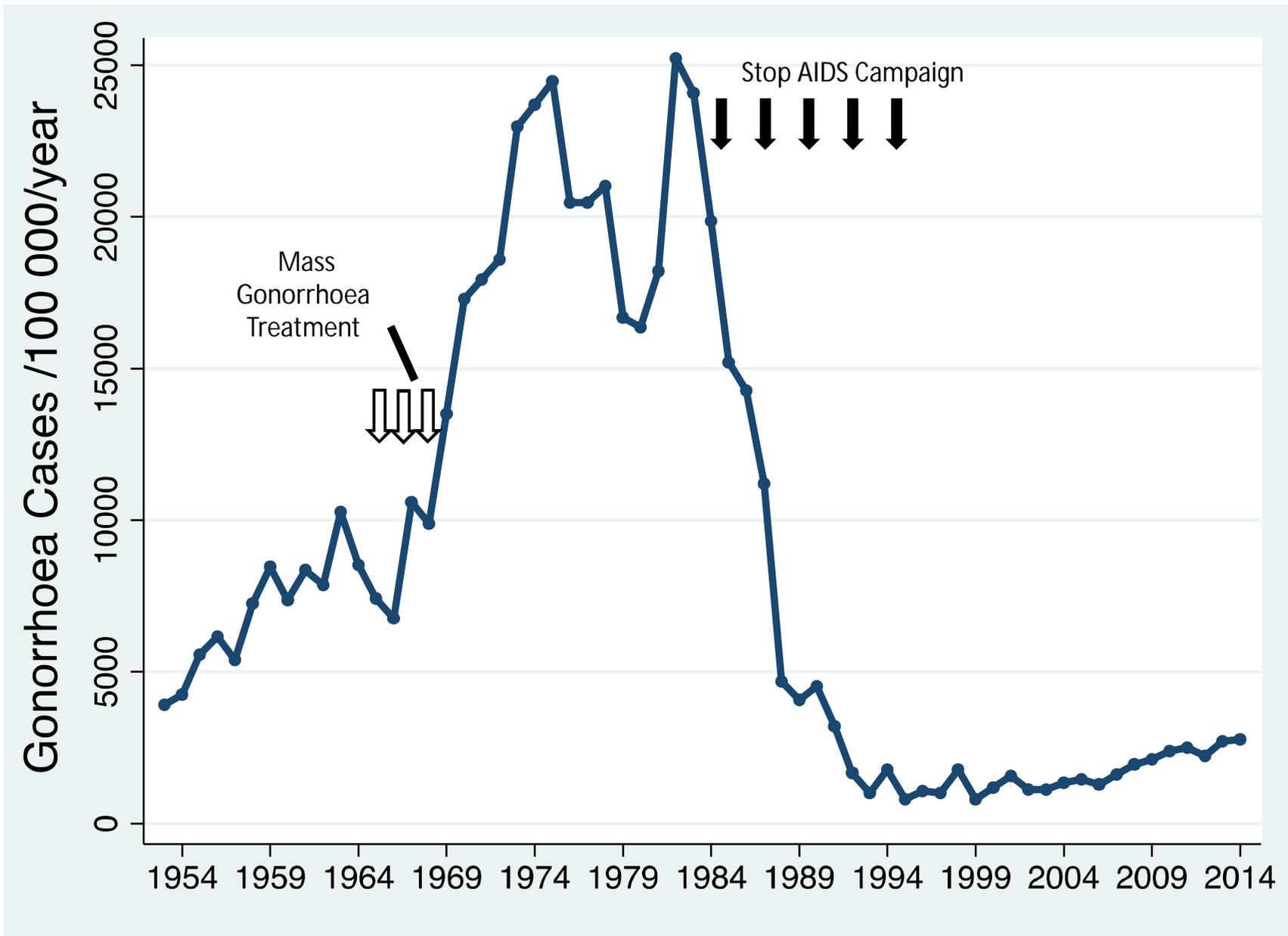
Commensal *Neisseriae* as early warning system?

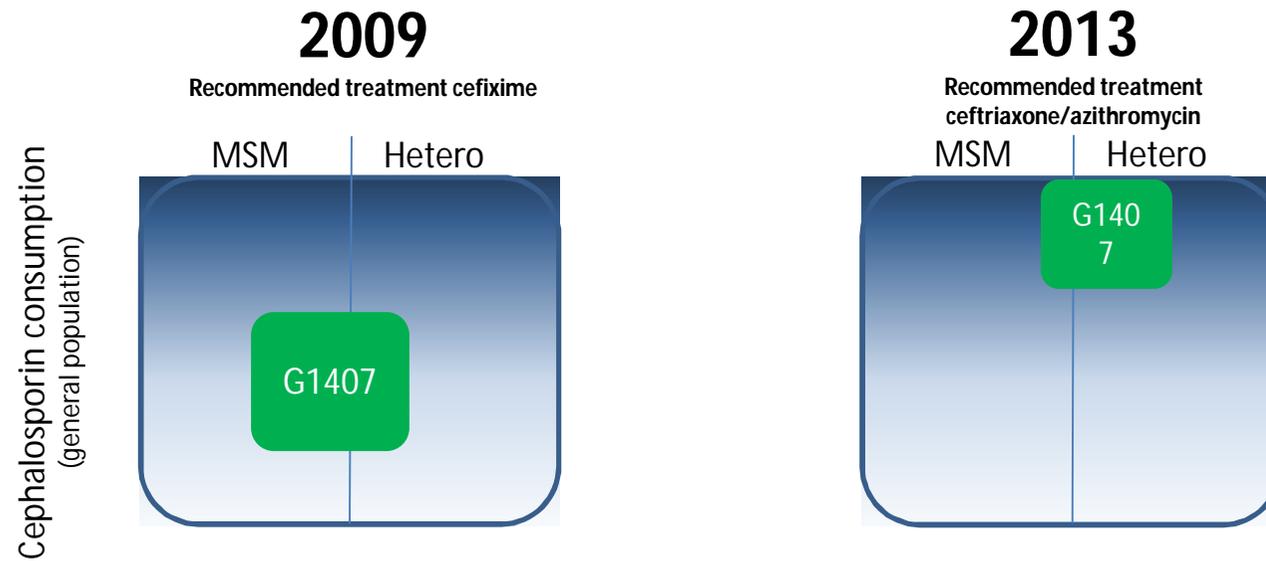


# Mass treatment/screening -> AMR

e.g. Greenland





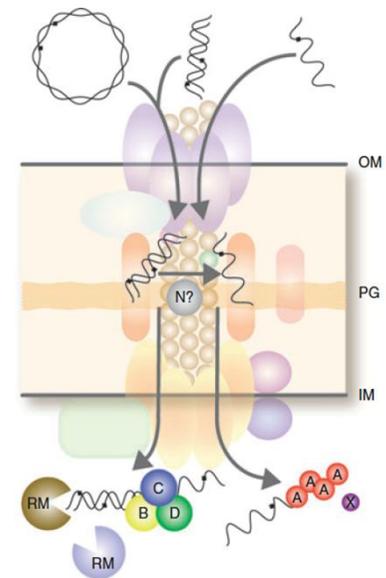


Part 3

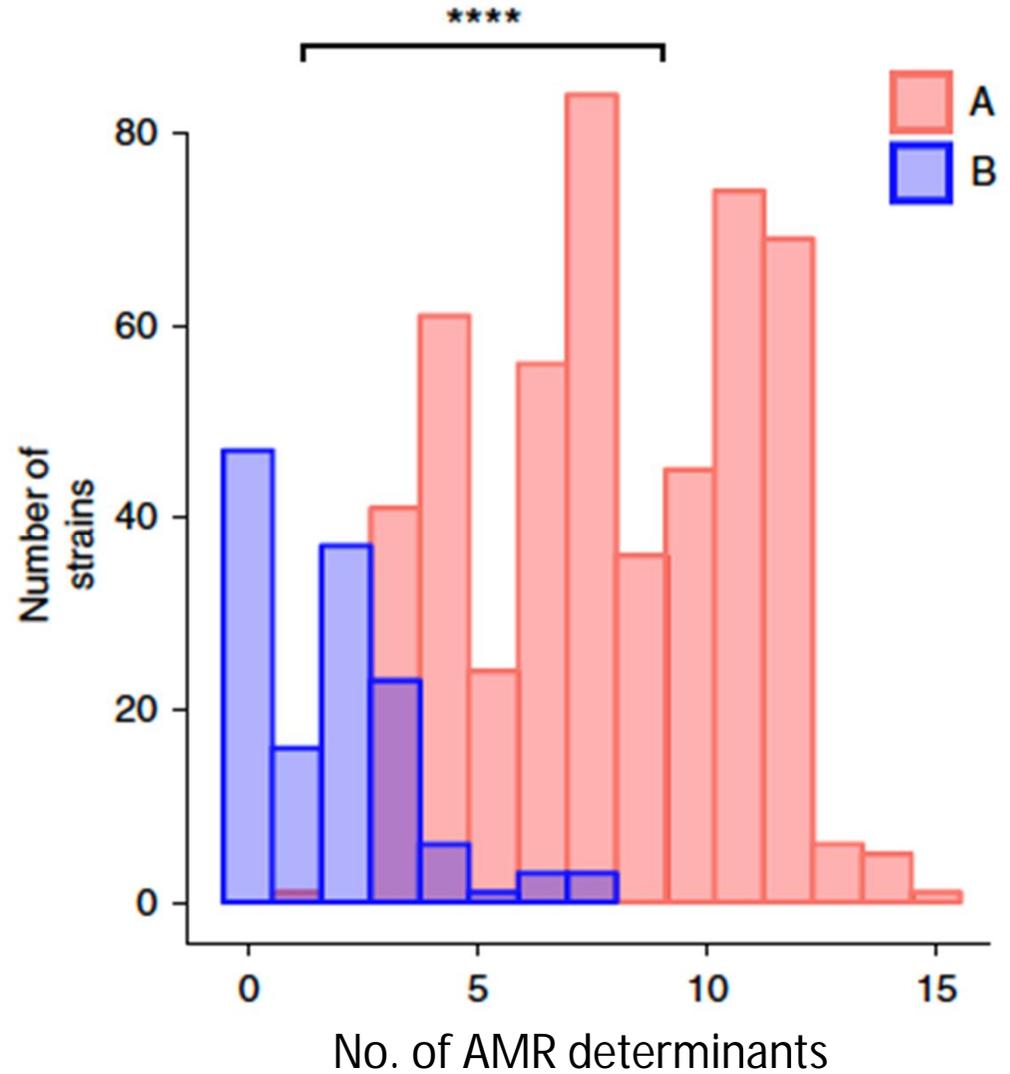
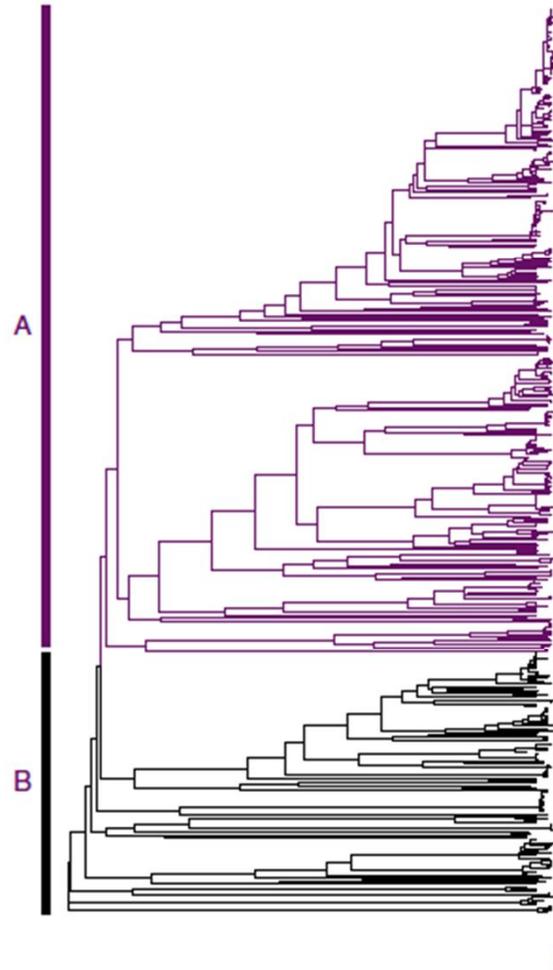
# COMBINING POPULATION & CORE GROUP PERSPECTIVES

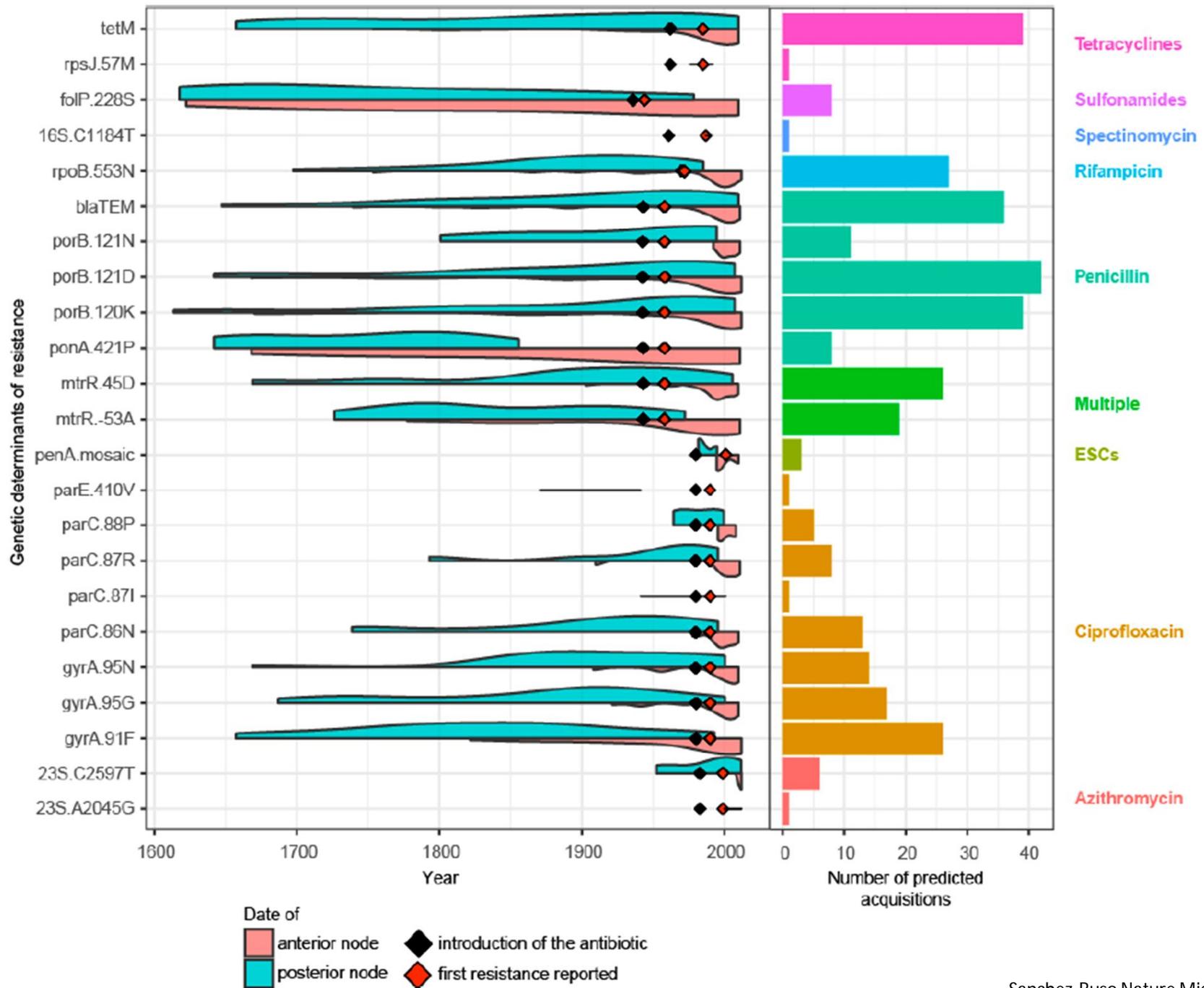
# The impact of antimicrobials on gonococcal evolution

- WGS phylogeographical analysis of 419 gonococcal isolates from 5 continents 1960-2013
- ++ admixture
- No significant differentiation between continents (except Africa)

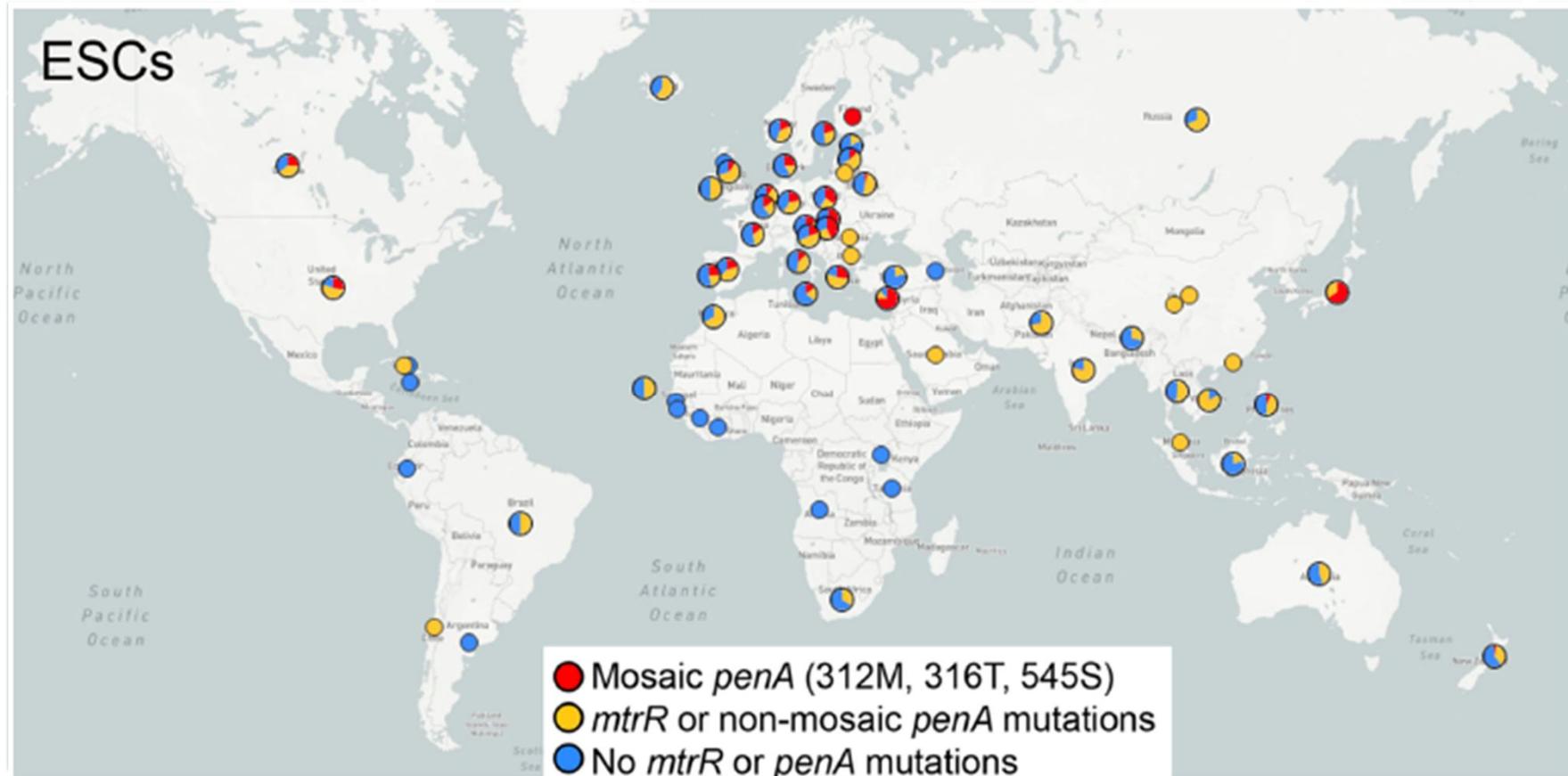


# Lineage B -> hope



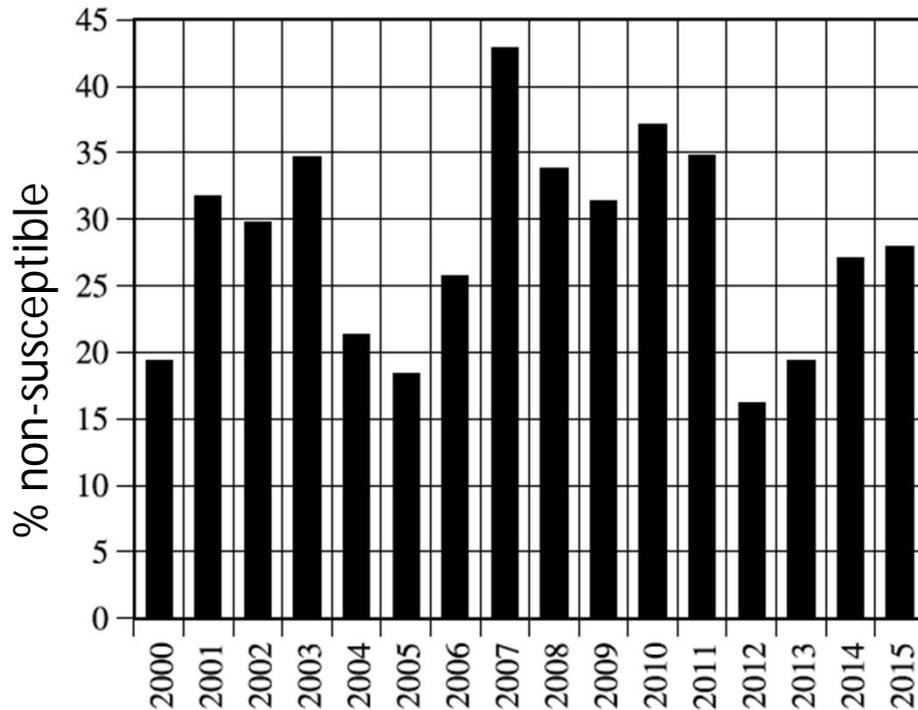


# AMR freq. emerges in core groups in Asia

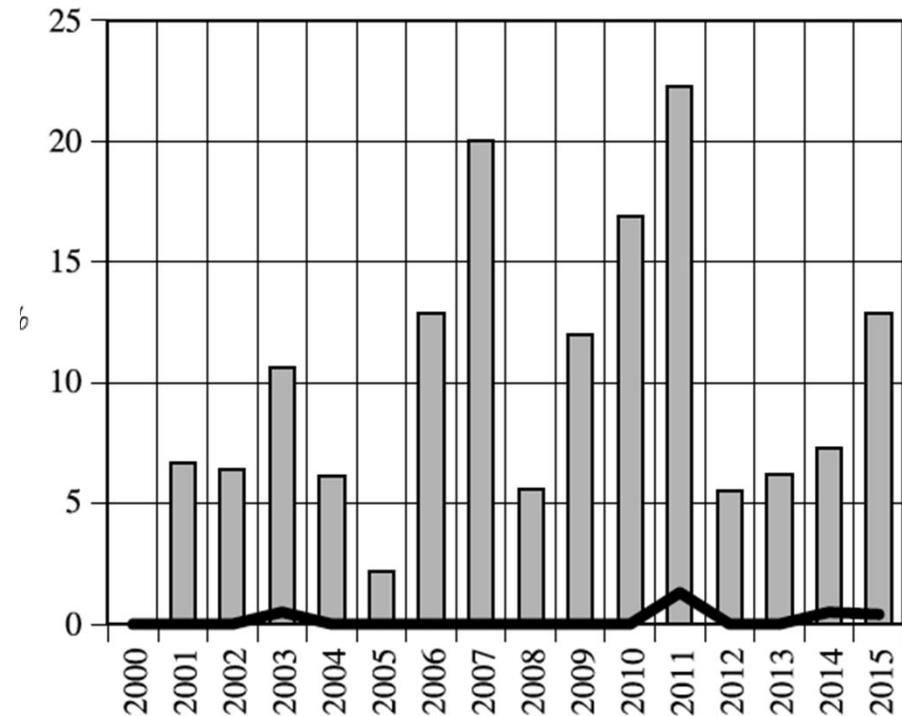


# ESCephalosporin AMR arises in Japan

- 1995 – world's first case cefixime R (mosaic penA)
- 2009 – world's first case ceftriaxone R (FSW) (mosaic penA –less fit so doesn't spread)
- 2014 – 2 new cases (mosaic penA - spreads)



**Cefixime** (MIC  $\geq 0.5$ )

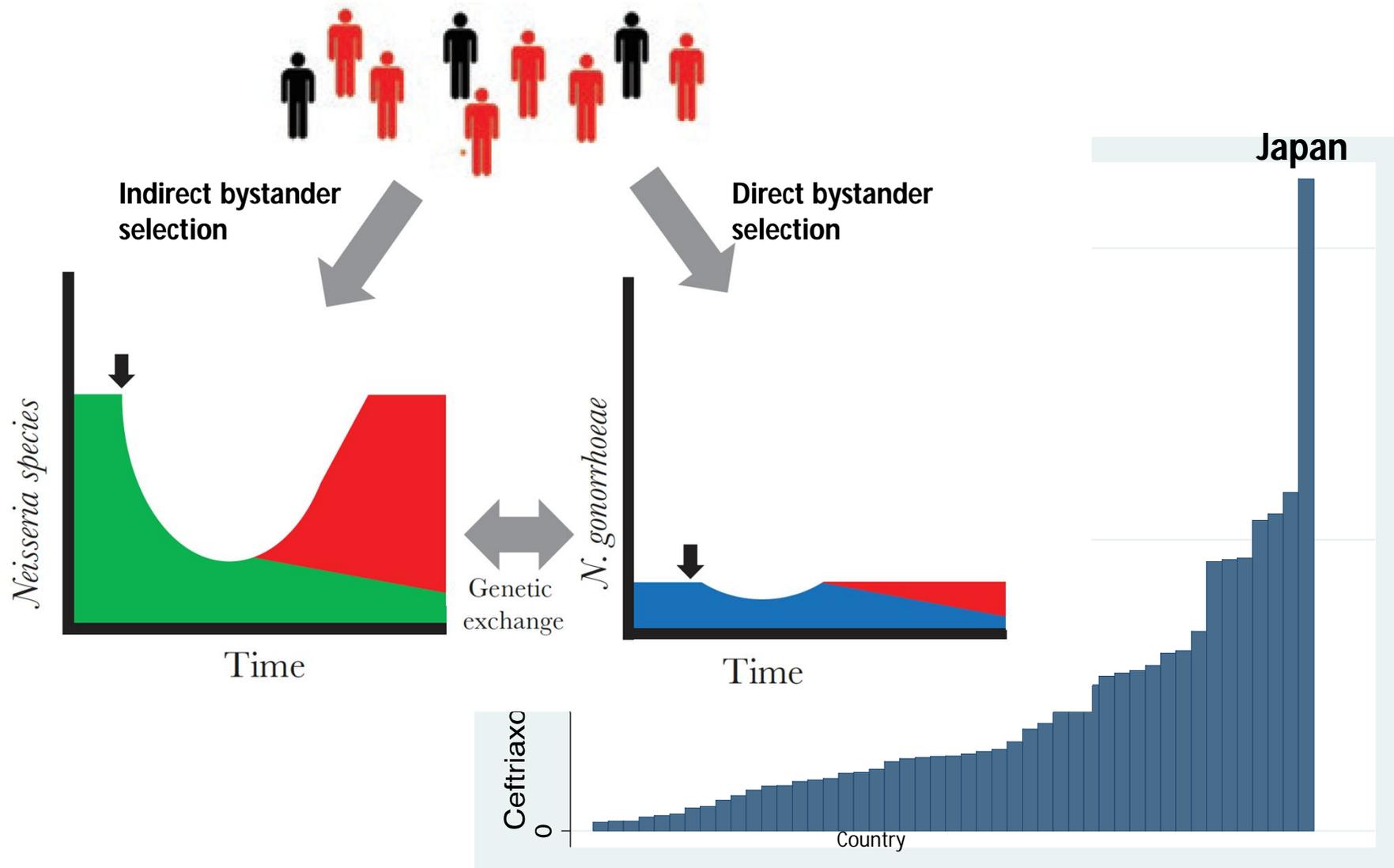


**Ceftriaxone**

(MIC  $\geq 0.25$  – bars,  $\geq 0.5$  = line)

Yasuda 2017 STDs

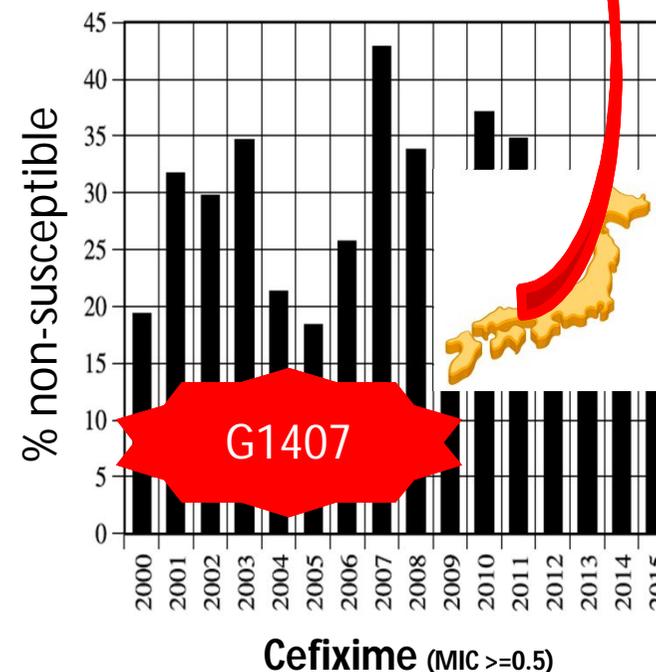
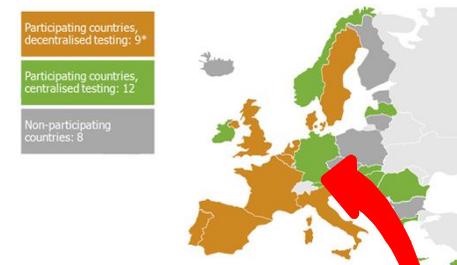
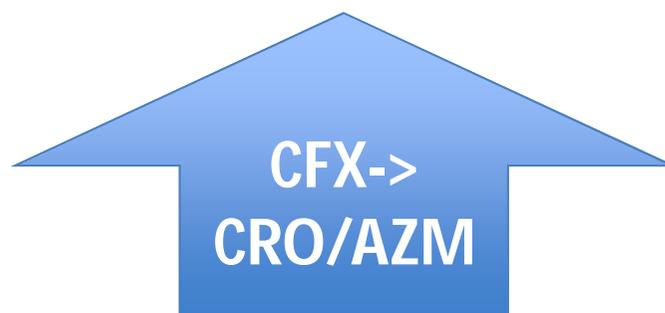
# Why Japan?



# Molecular epidemiological typing within the European Gonococcal Antimicrobial Resistance Surveillance Programme reveals predominance of a multidrug-resistant clone

- G1407

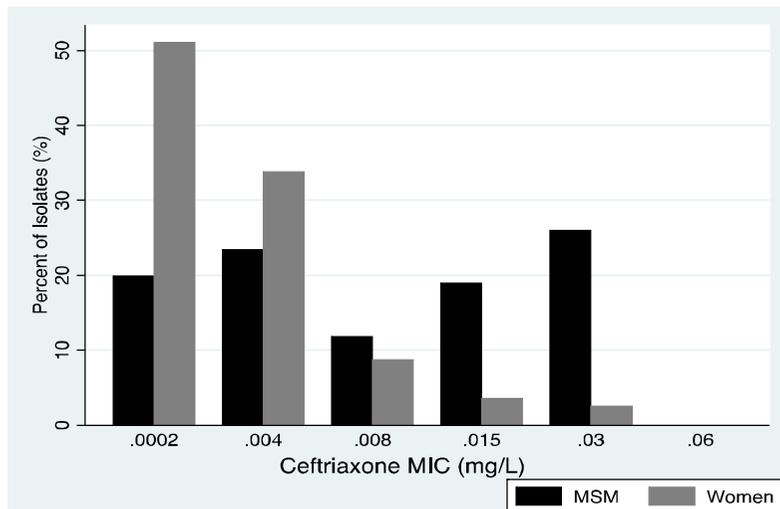
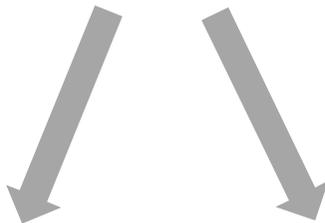
	2009
Prevalence	23%
Ciprofloxacin R	100%
Cefixime RS ( $\geq 0.06$ )	96%
Transmission	MSM (OR 1.8)



# Cefixime Era -> Direct selection of AMR in MSM

Direct selection

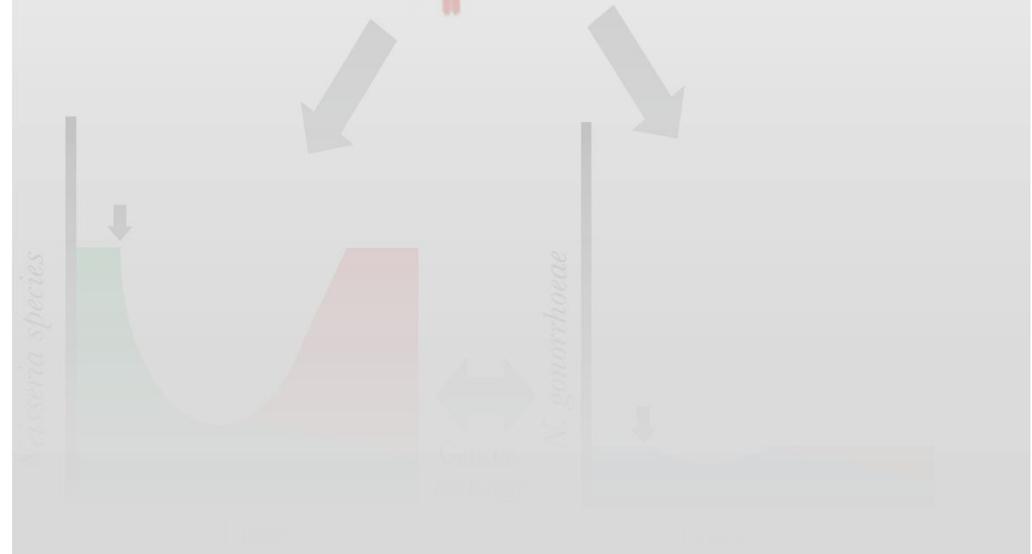
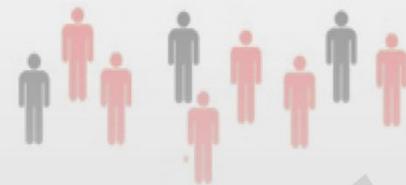
CFX used to treat Ng



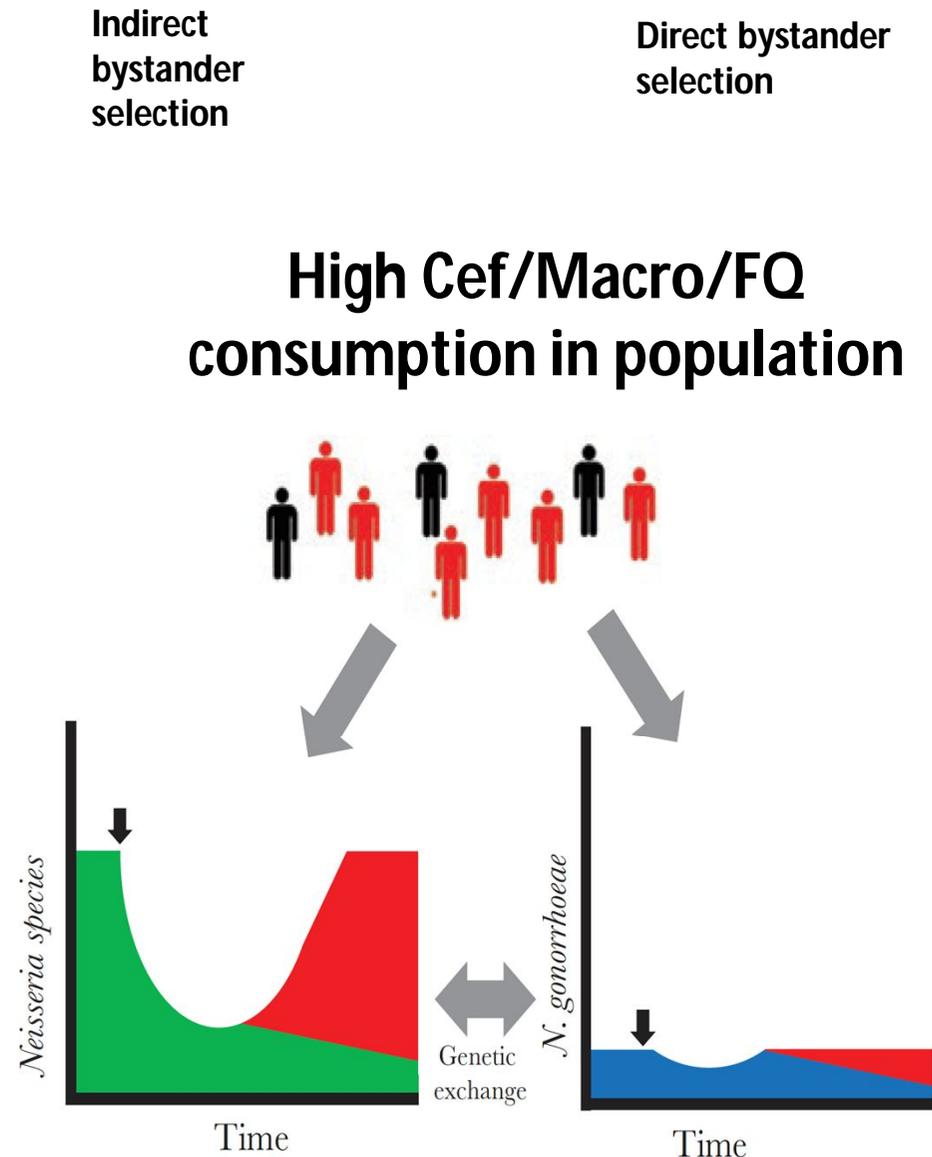
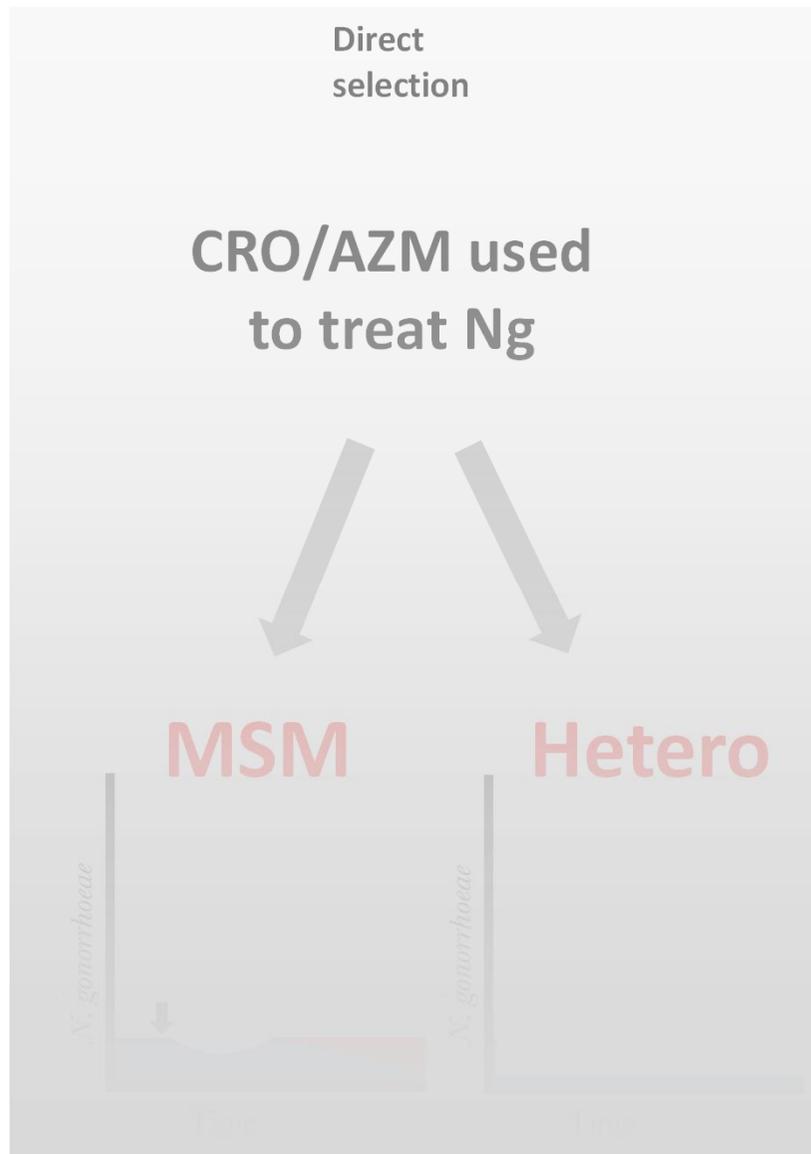
Indirect bystander selection

Direct bystander selection

High CFX consumption in population

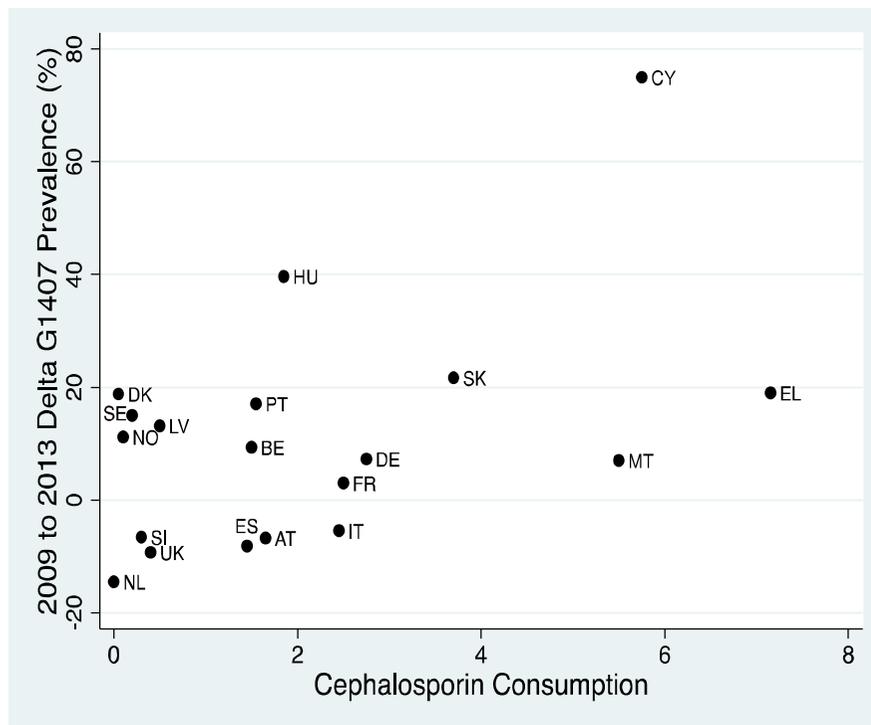


# Ceftriaxone/AZM Era -> indirect selection in general population

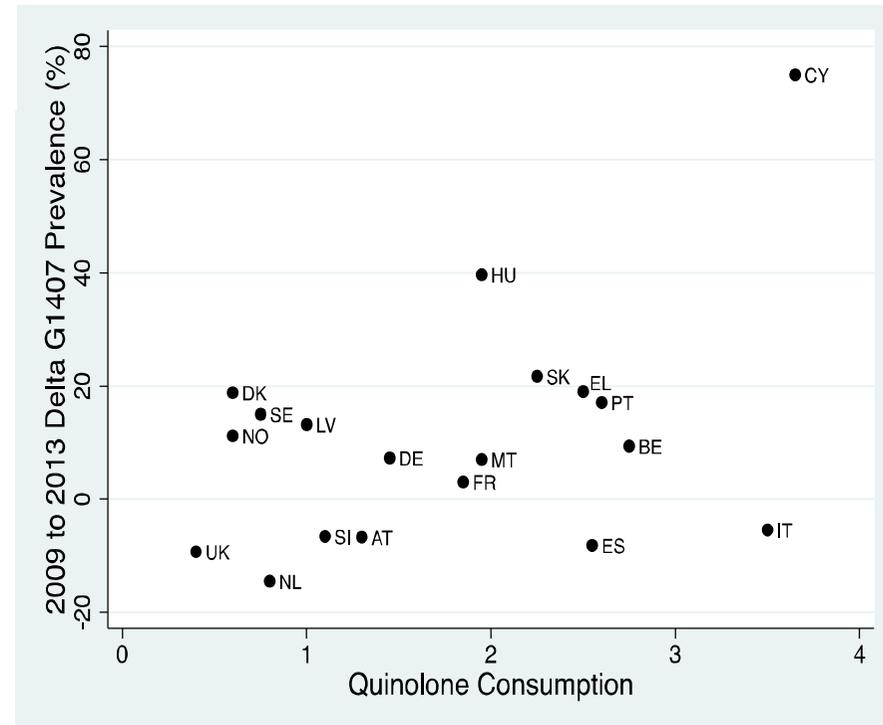


# Cephalosporin/FQ consumption selects for mosaic penA/G1407 in Europe ?

- 1054 Ng WGS from 24 countries EURO GRASP 2013
- AB Consumption from ESAT 2011/12



Coeff. 3.9, 95% CI 0.5-7.4



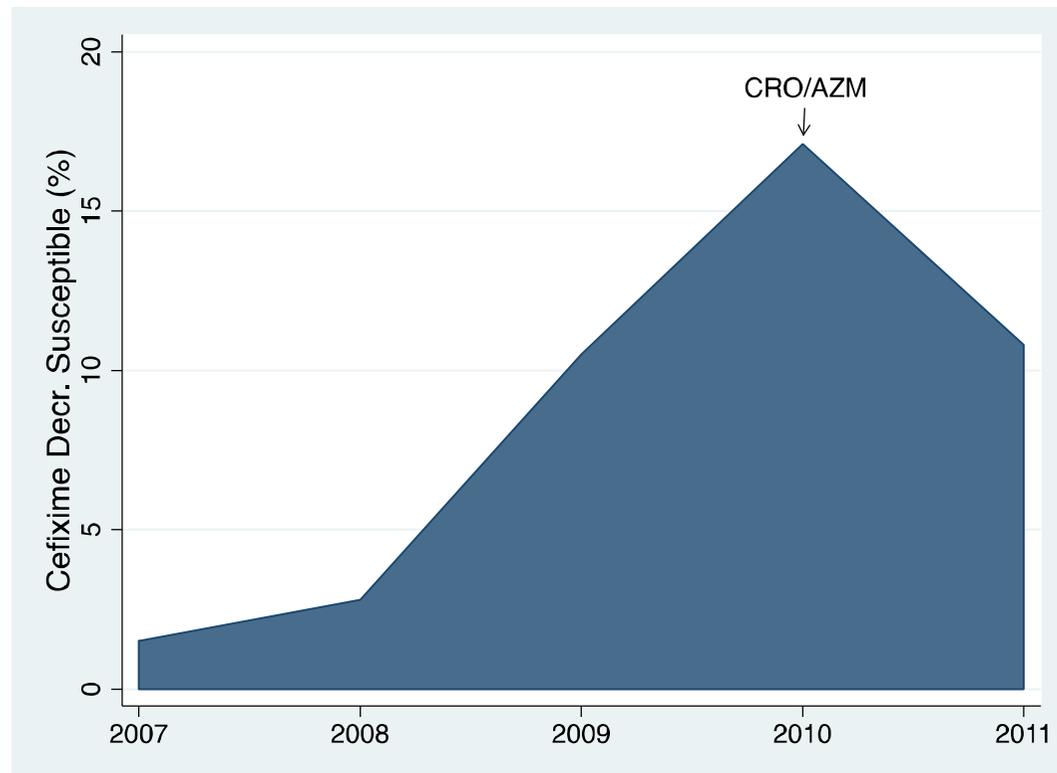
Coeff. 9.4, 95% CI 2.4-16.3

Unpublished

# Rise and fall of CFX DS/G1407 in UK

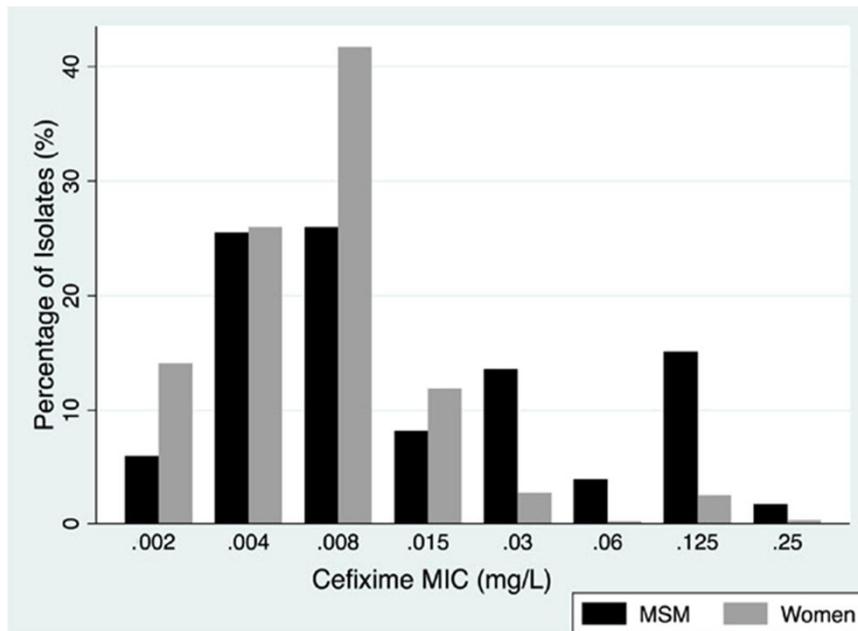
## G1407:

- Accounts for almost all CFX DS
- MSM OR -5.8

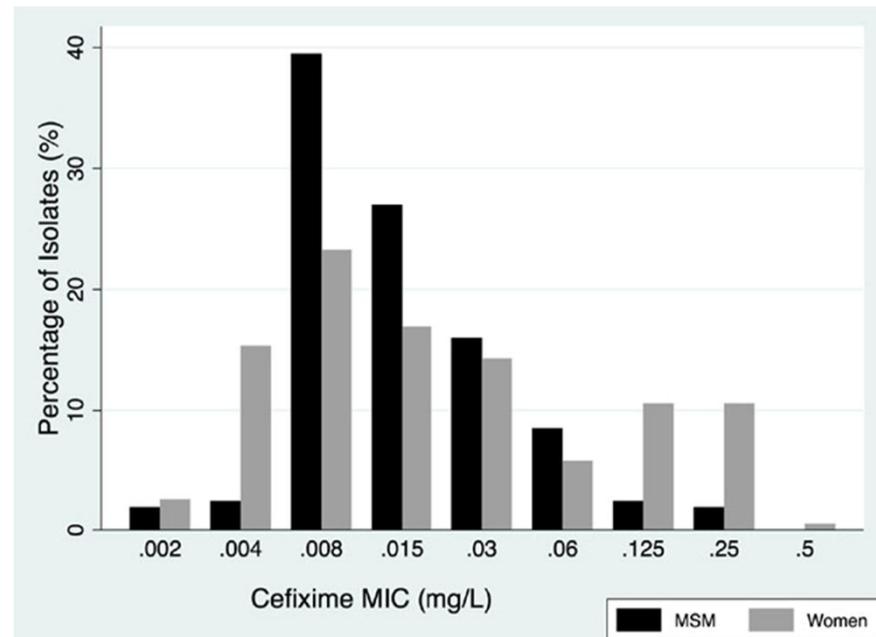


# UK: MICs of isolates from MSM no longer right shifted

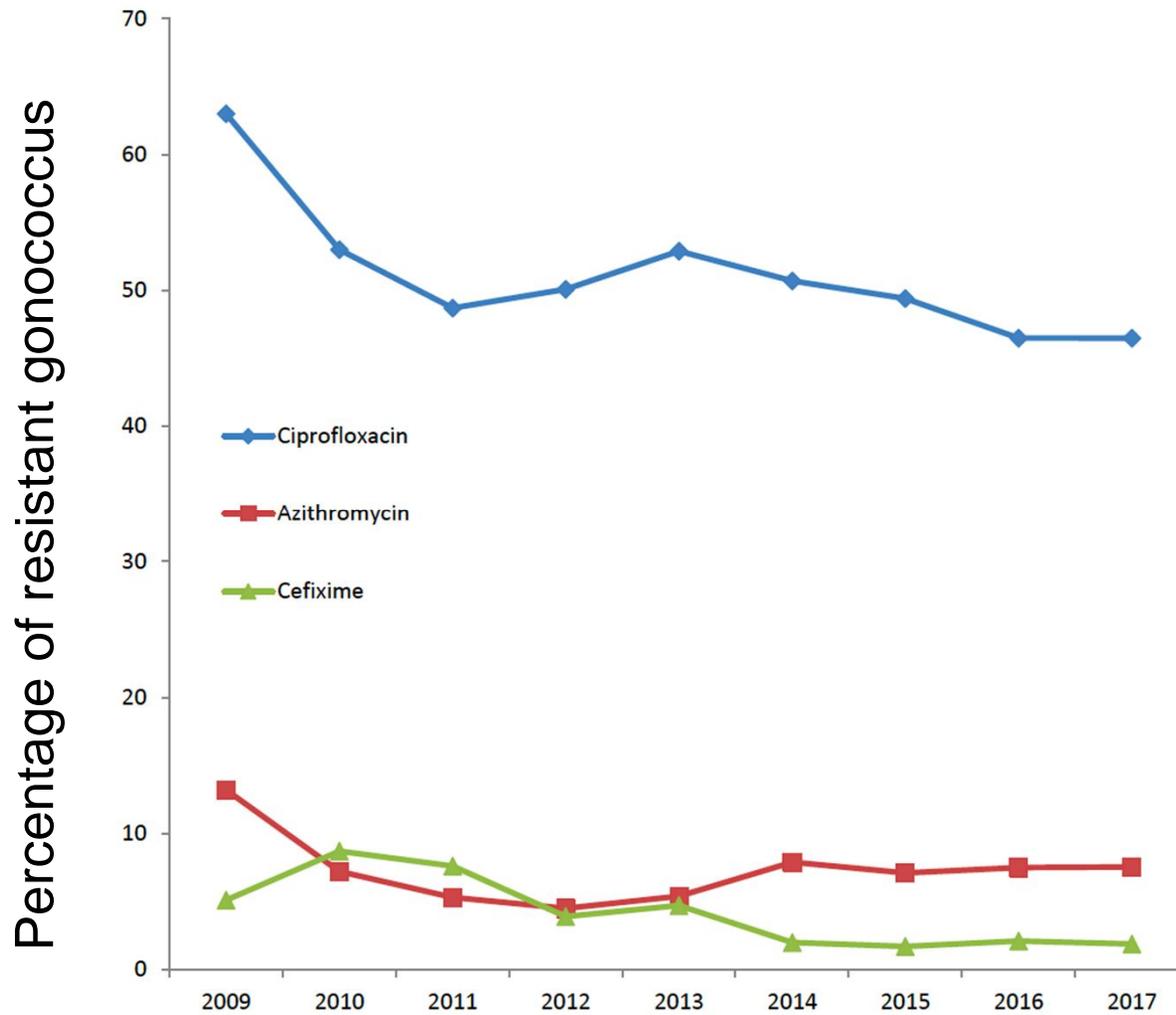
2011



2013

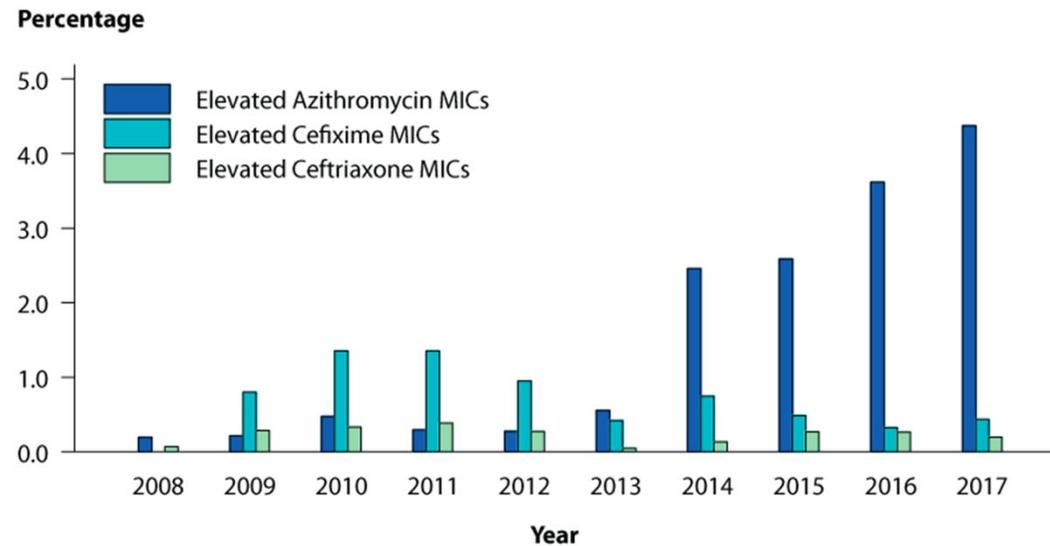


# Cefixime resistance declines in Europe

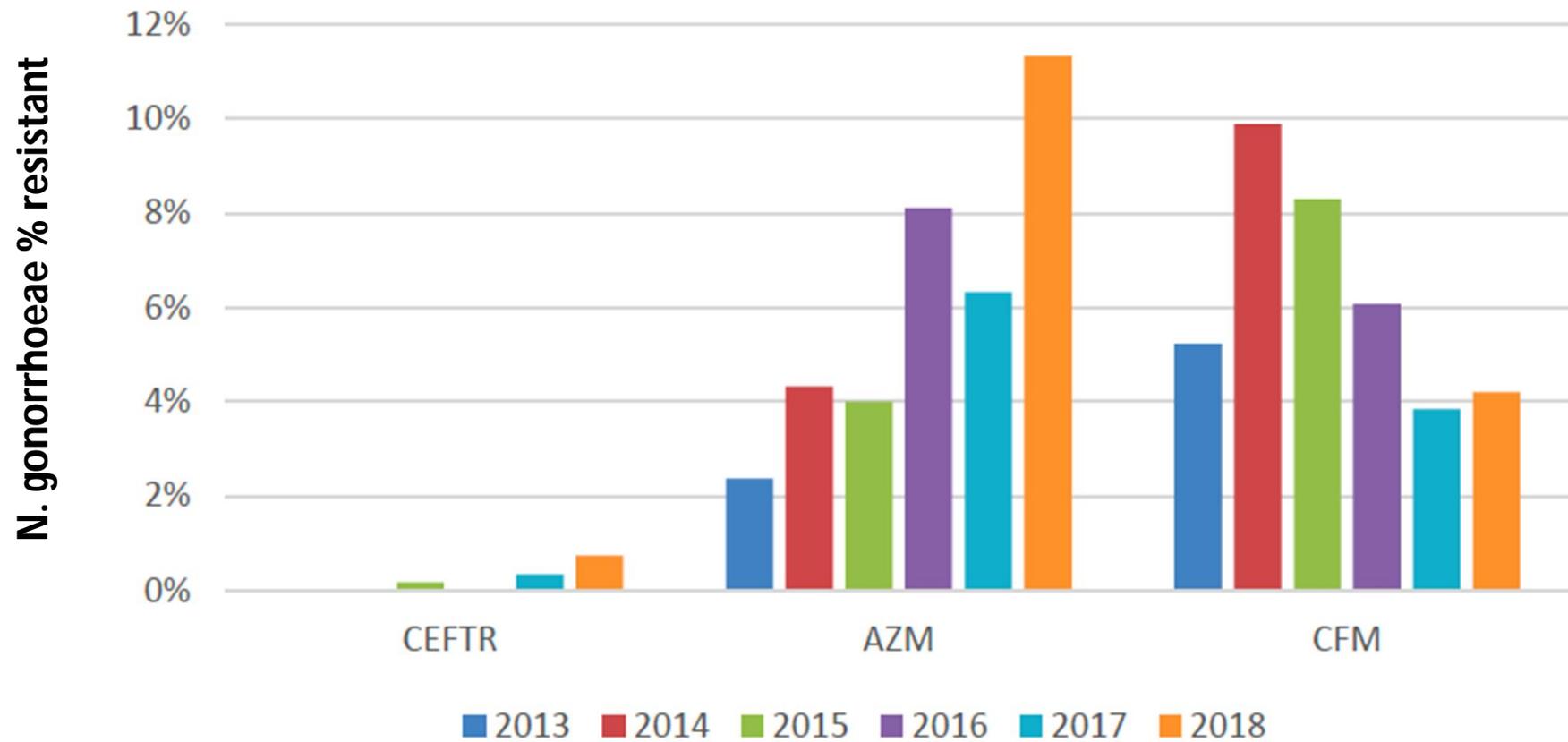


# USA – similar story

- Switch to CRO/AZM
  - Decline in CFX resistance 1.4% -> 0.4%
  - CFX resis MSM vs. hetero 11-fold to 3-fold



# Belgium

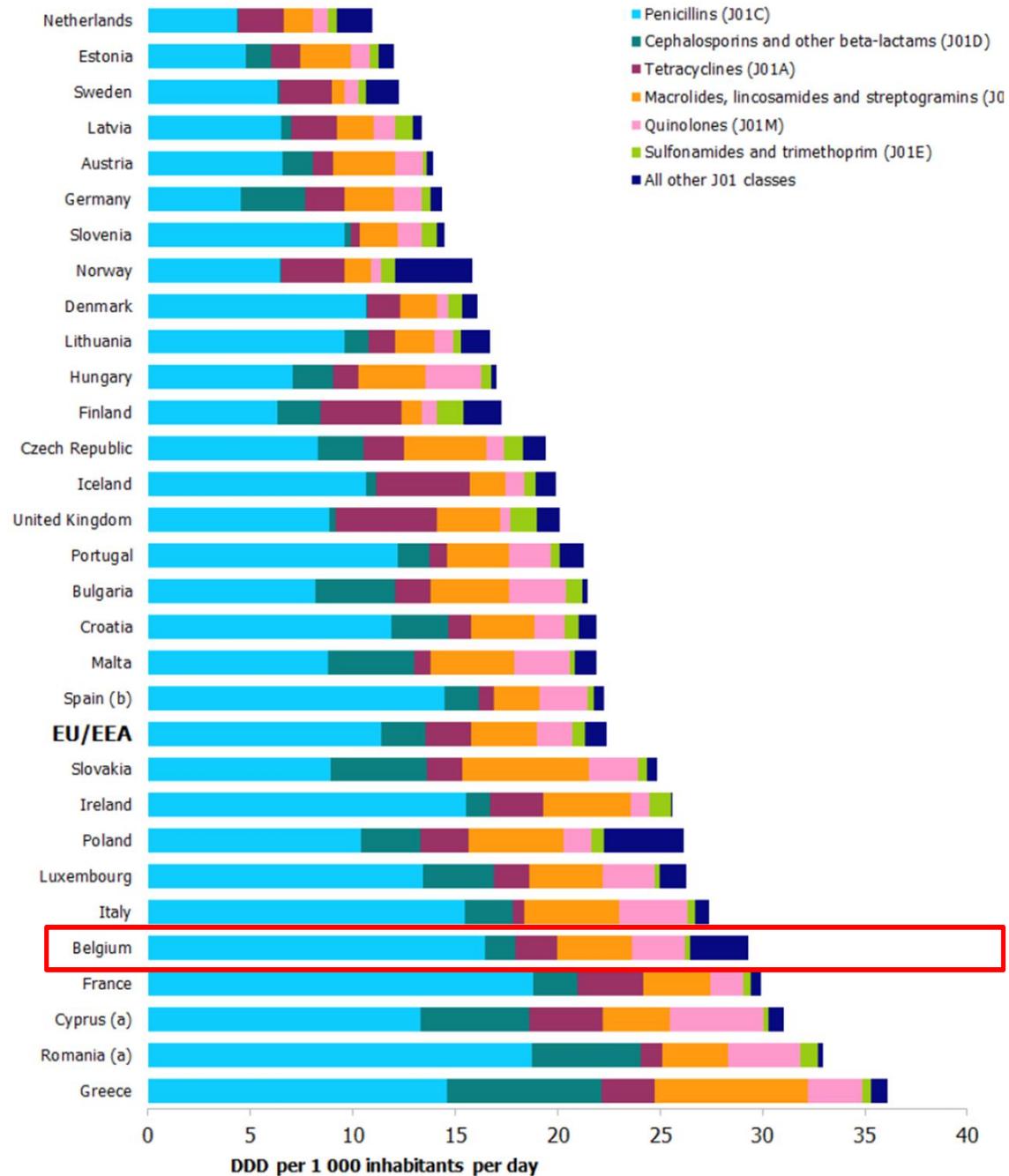


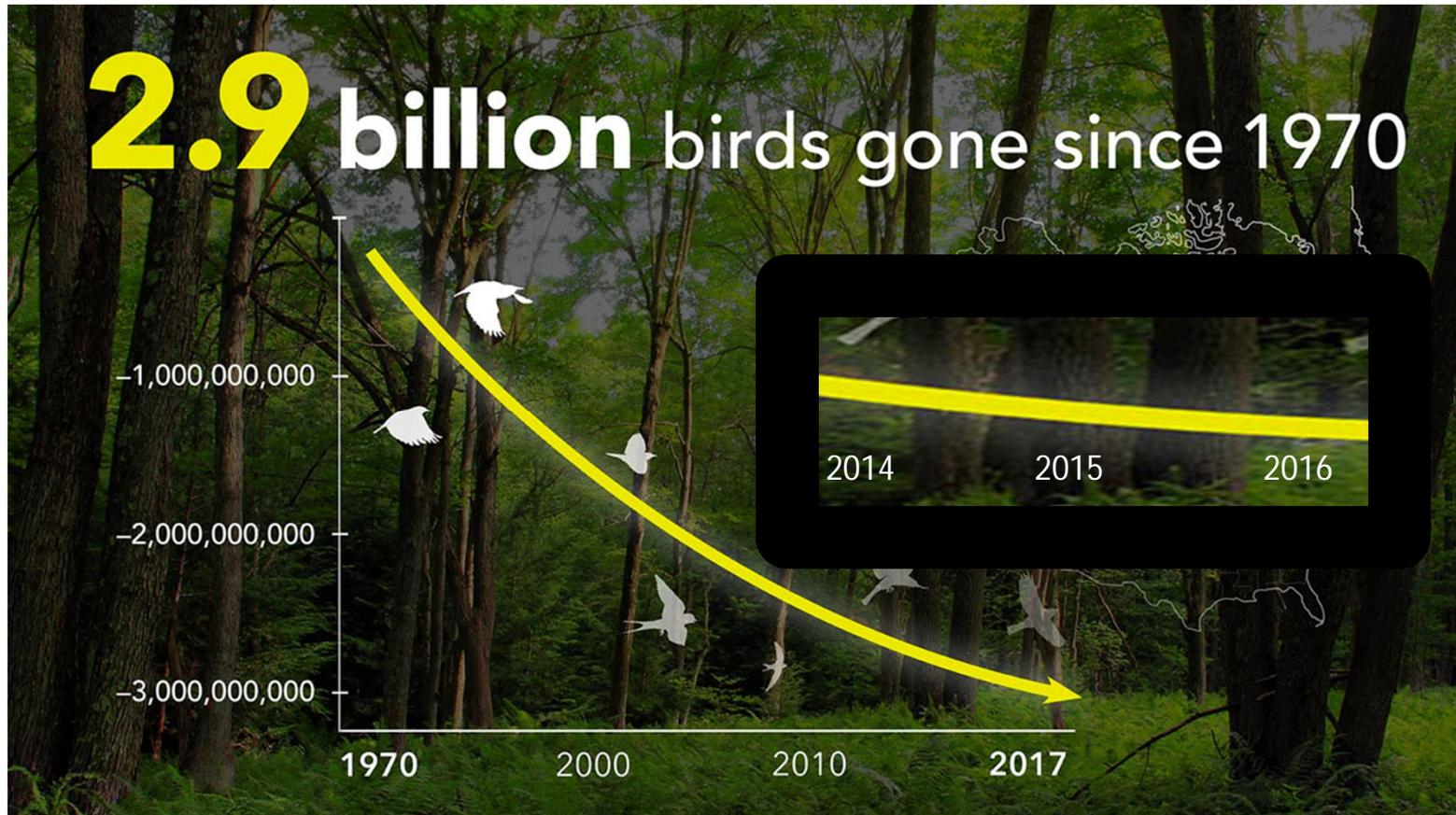
AZM R:  $\geq 1$ mg/L

De Baetselier 2019 Jaarrapport Gonokokken surveillance 2018

# Bystander selection

**Figure 2. Consumption of antibacterials for systemic use (ATC group J01) and ATC group level the community, EU/EEA, 2015, expressed as DDD per 1 000 inhabitants per day**





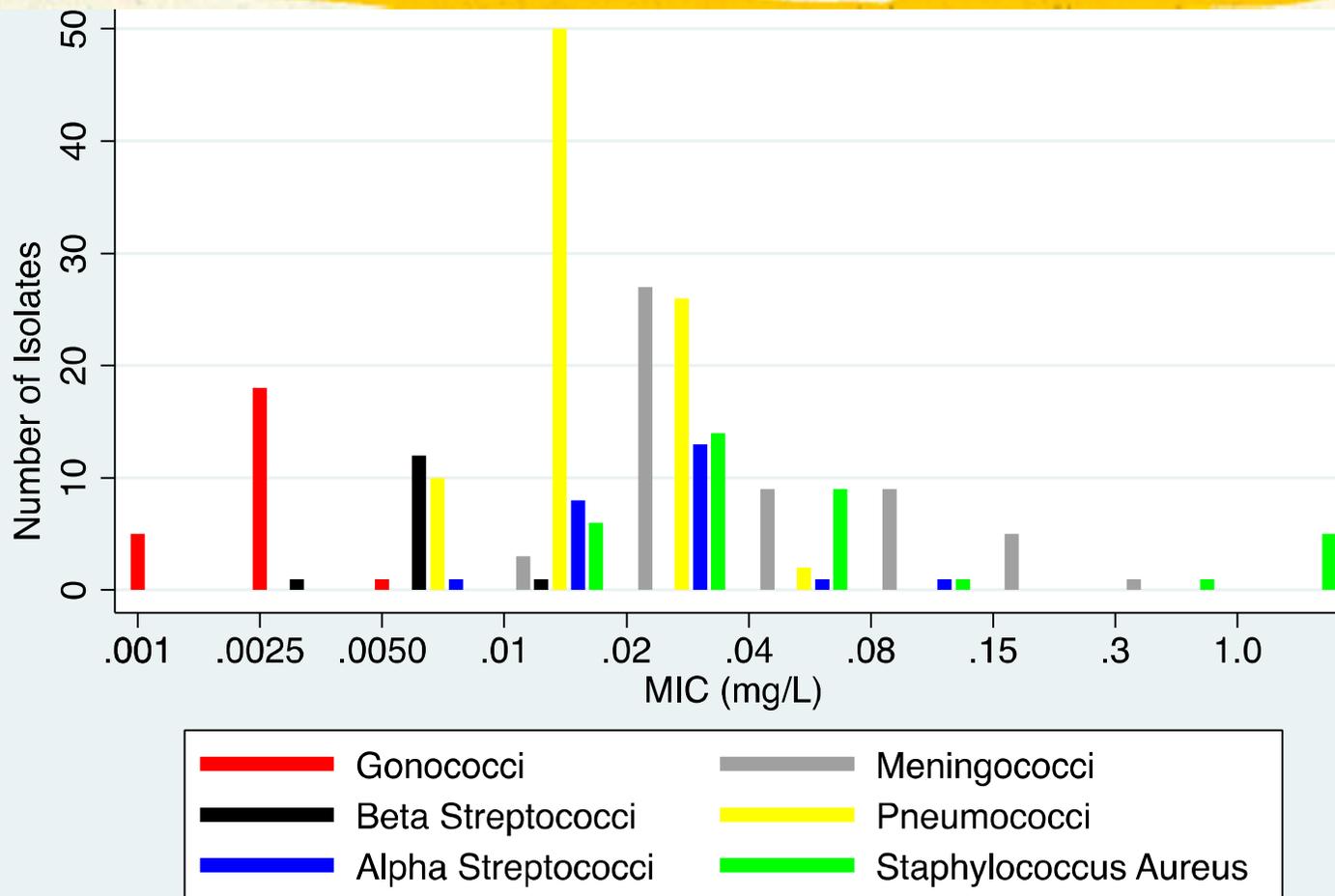
Part 4

# EVOLUTION OF NG MIC DISTRIBUTIONS OVER LAST 75 YEARS – OVERCOMING THE SHIFTING BASELINE SYNDROME

PENICILLIN SENSITIVITY OF STRAINS OF SIX COMMON PATHOGENS AND OF HEMOPHILUS HEMOLYTICUS

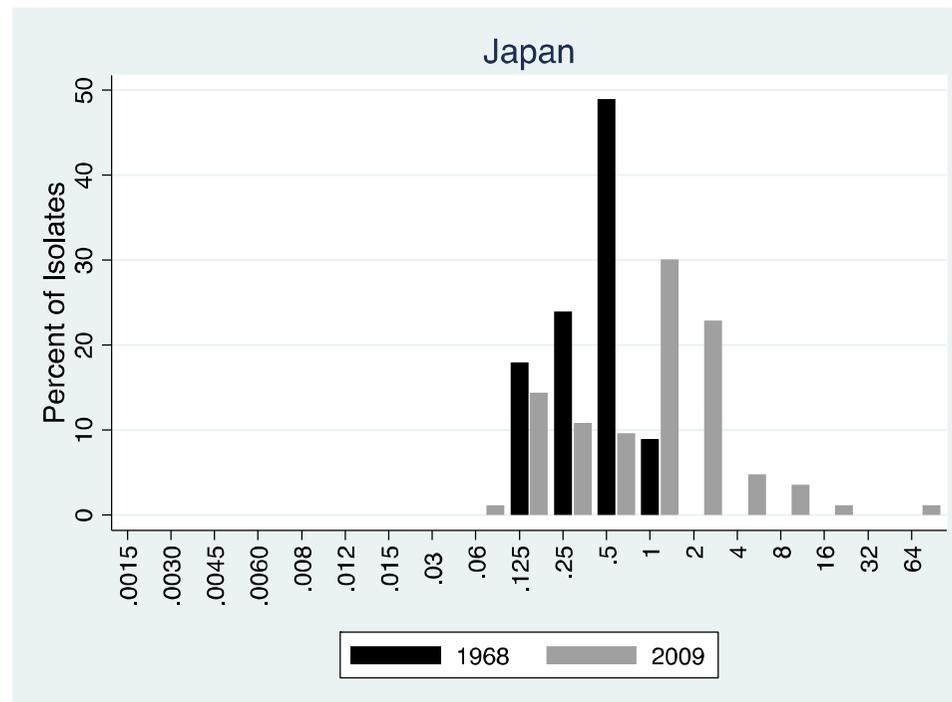
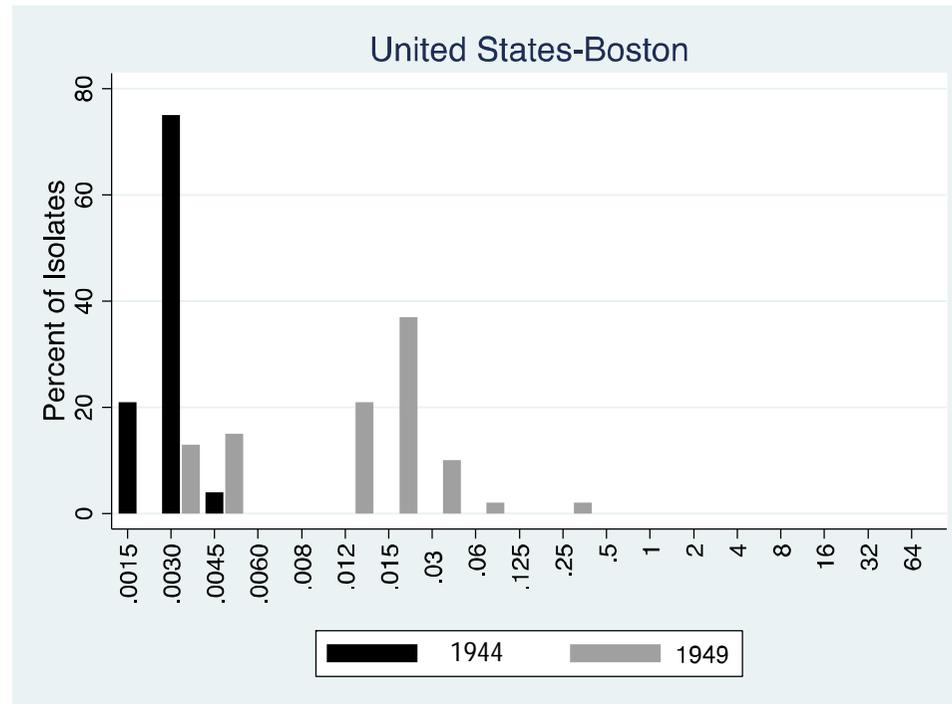
MANSON MEADS, M.D., EDWIN M. ORY, M.D.,  
CLARE WILCOX, AND MAXWELL FINLAND, M.D.  
BOSTON, MASS.

Gonococcus was the most sensitive of the organisms studied.



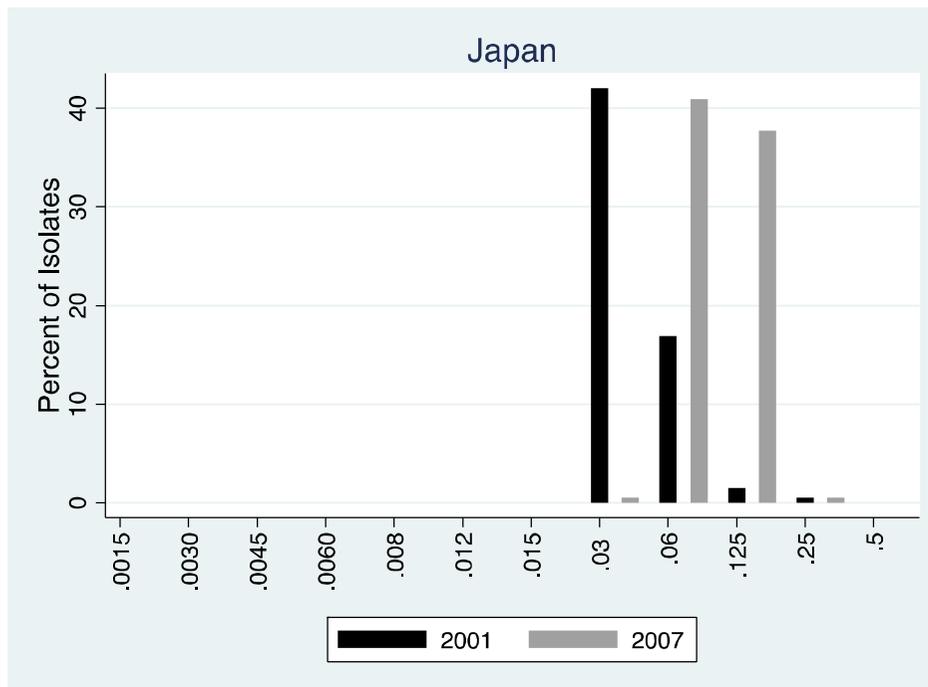
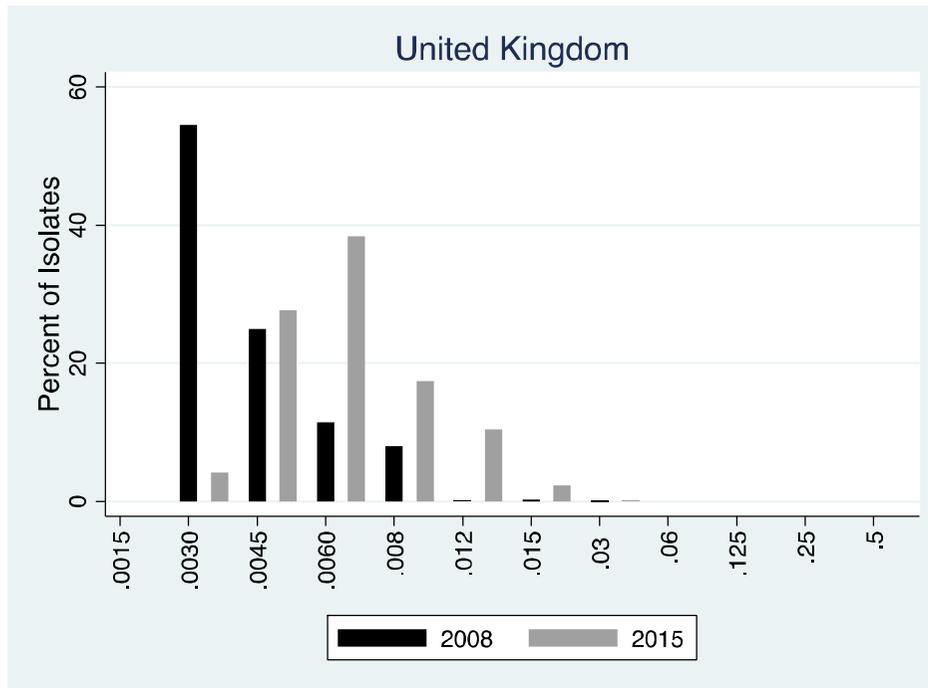
\* MICs determined with agar dilution

# Penicillin



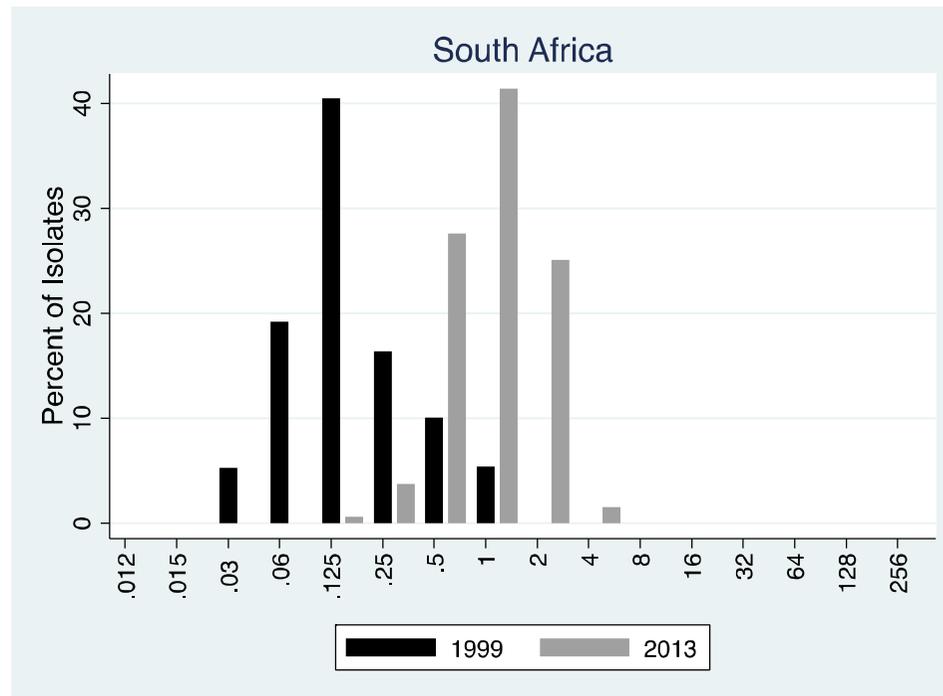
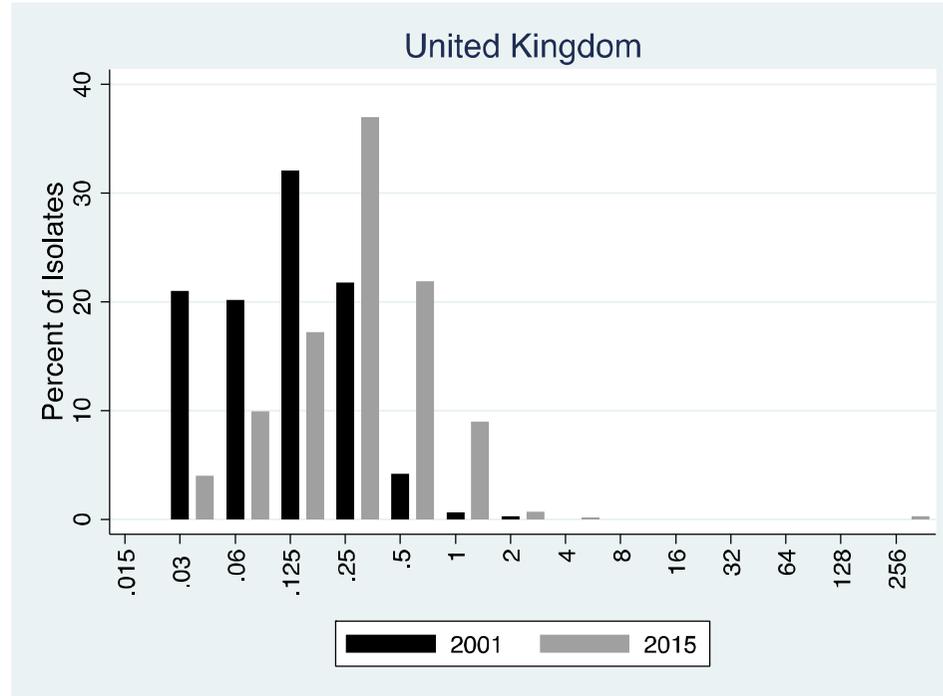
\* MICs determined with agar dilution

# Ceftriaxone



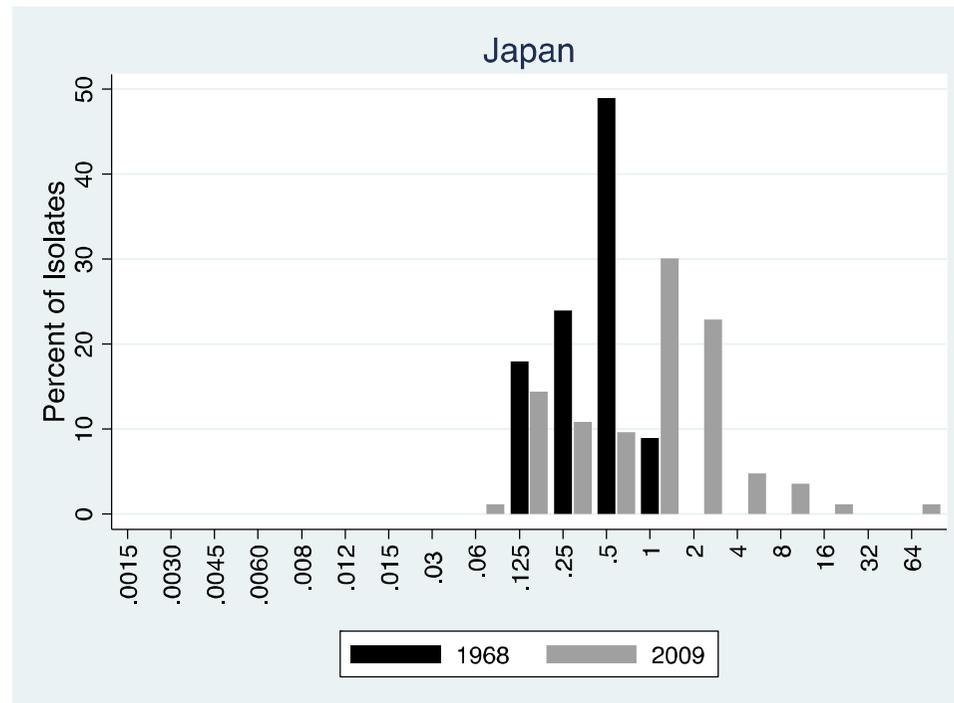
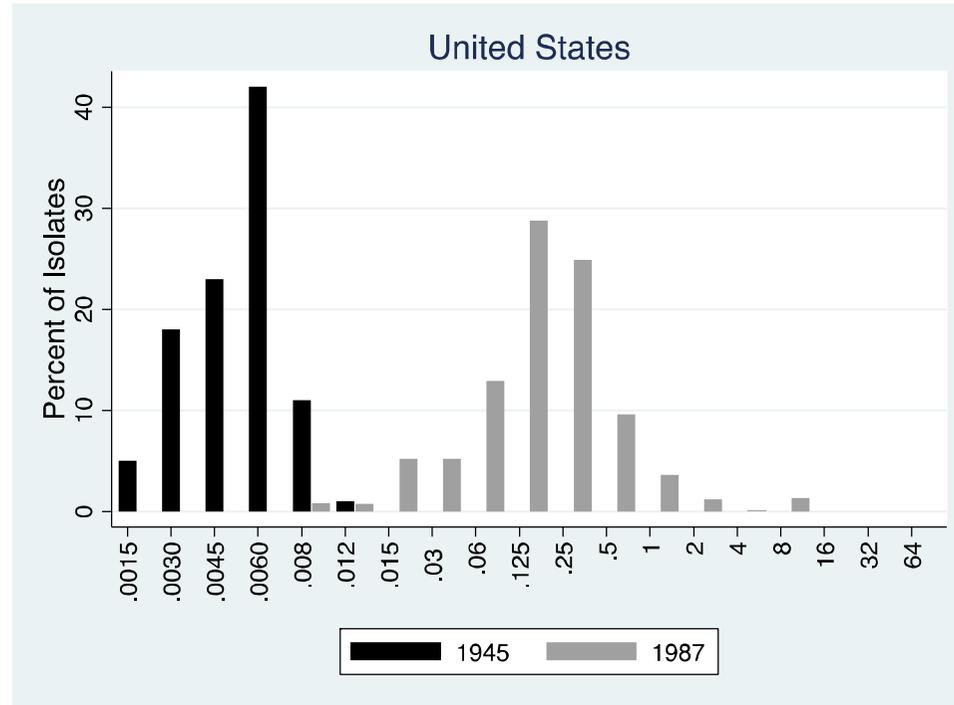
\* MICs determined with agar dilution

# Azithromycin

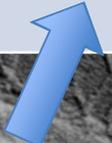


\* MICs determined with agar dilution

# Penicillin



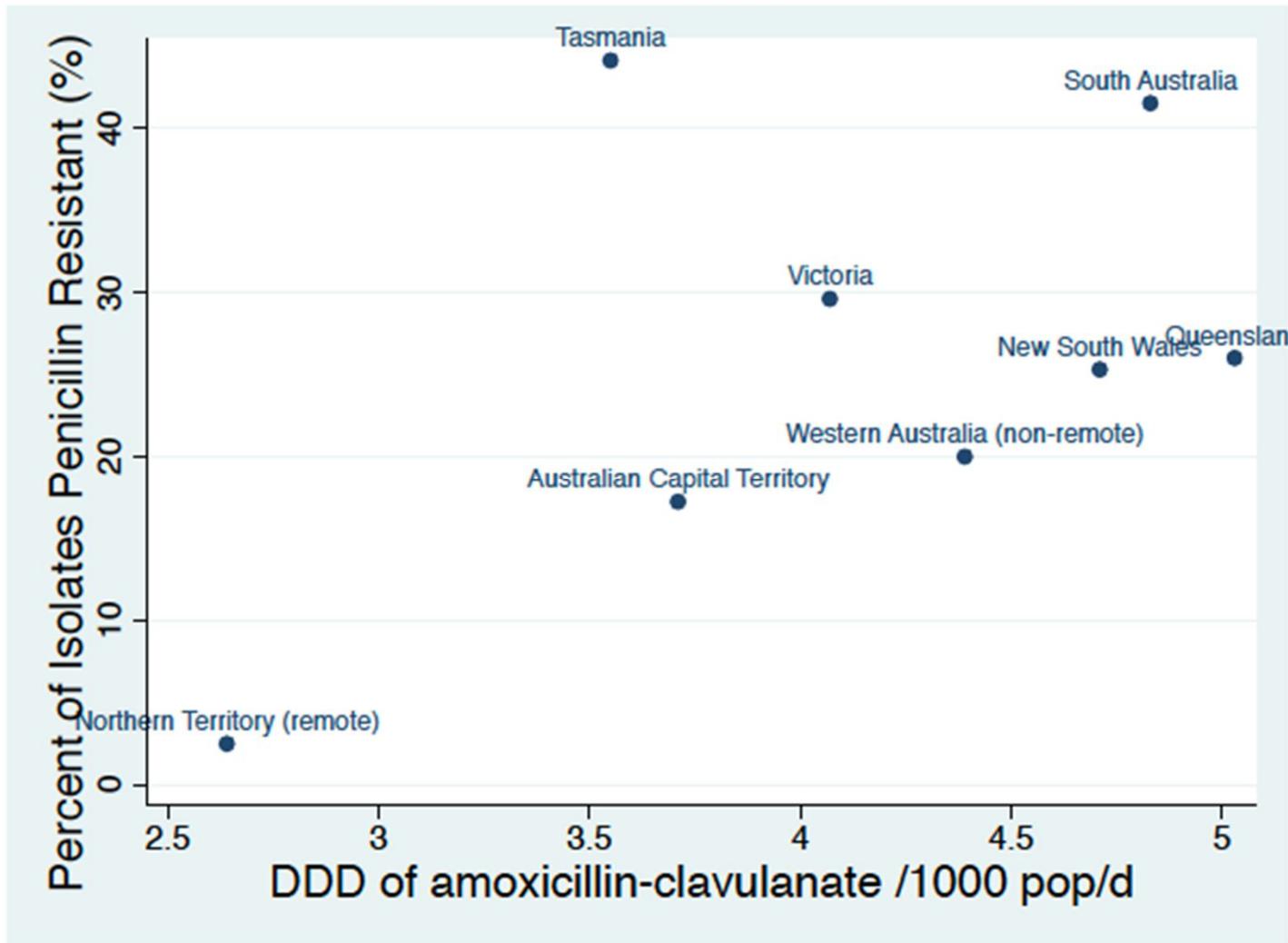
	Northern Territories (Australia) 2015	Japan 2015
Azithromycin	0%	53%
Ciprofloxacin	2%	90%
Ceftriaxone	0%	14%
Penicillin	2%	?
	Whiley EID 2017	Yasuda STD 2017



Why not me?

Why me?

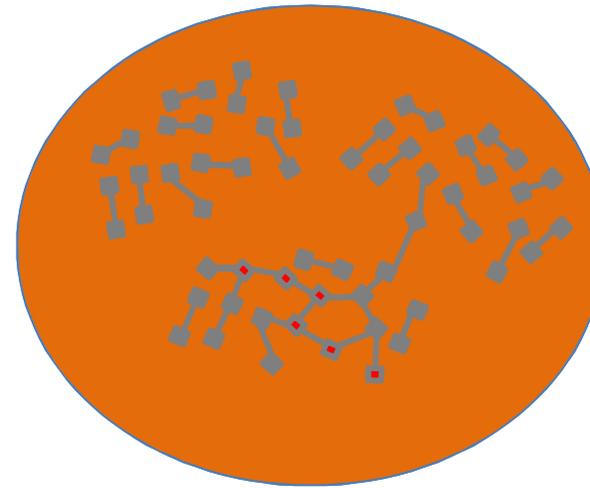
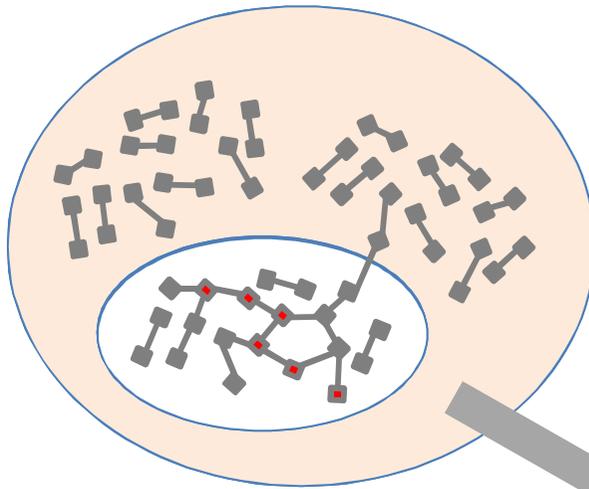
# AB consumption lower in NT?



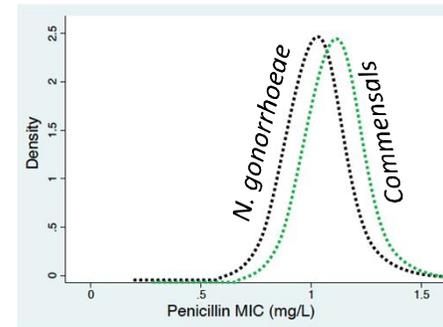
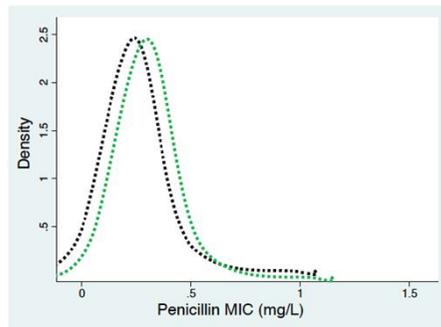
# Northern Territories

# Japan

AB consumption  
Low  
High



Right shifting MIC distribution\*



AMR

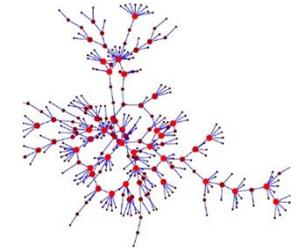
Azithromycin	0%
Ciprofloxacin	2%
Ceftriaxone	0%
Penicillin	2%

Azithromycin	53%
Ciprofloxacin	90%
Ceftriaxone	14%
Penicillin	?

\*MIC distribution stylized



# AMR prevention acc. pharmacoecologic theory

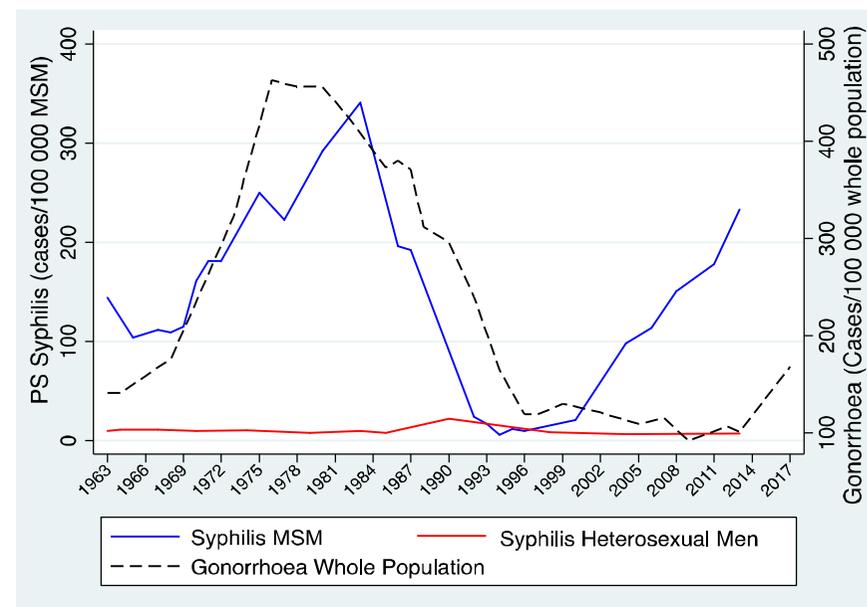


## AB-sparing interventions

- Overall AB stewardship
- **Precautionary principle for ABs**
  - No screening Ng/Ct till proof
  - GonoScreen RCT
- **EO Mouthwash -> PReGo RCT**
- **Bacteriophages**
- **Chlorhexidine to treat pharyngeal Ng**
- Vaccines
  - Flu
  - MenB
- Condoms
- Circumcision
- Urethritis
  - Only R/ if wcc>5
  - Doxycycline for NGU
- Switch Ng R/ CRO/AZM -> CRO
- Stop empiric therapy for contact tracing
- Avoid multiplex STI PCRs

## Reduce network connectivity

- Partner reduction
- Safer partner sequencing
  - Serial monogamy/polyandry
  - Closed local networks (Group screening)



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## **U Alberta**

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